

# Spire

the



*the parish  
magazine  
of  
Christ Church  
Southgate*

**60 pence**

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**Candlemas to Lent edition**

Ivan Kramskoi, (Russian painter, 1837-1887)  
*Christ in the Desert, 1872*

**February  
2016**

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**From Fr Chrichton:**

How are your New Year's Resolutions doing so far? According to a recent poll, the 3<sup>rd</sup> Friday in January is the most likely date for resolutions based on

abstaining from things to fail, which this year was a very early 15th January. The lure of the small square of chocolate or the glass of chilled white wine becomes too much to resist and the good intentions after Christmas collapse. Never mind – have another go next year.

According to a number of websites I found, the overall success rate of resolutions ranges is reckoned to be from less than 10% to be as much as a surprising 33%. However, that does make the failure rate as much as over 90% in most cases. So how is your willpower holding up now that the difficult date has passed?

Personally, I've have found that resolutions based on giving things up to guarantee dramatic health benefits are inevitably doomed to failure. I'm not much better at ones based on taking up something either. Gymnasiums are always busiest selling new memberships in January as the aftermath of festive excesses kick in, but the industry assumption is that most of the newly converted will be long gone before June – still paying but not using anything.

This February, the church has one of those very full months that come up occasionally. The fall of Christmas and the fact that Easter is almost as early as it can be means that there is only one Sunday between the crib still being under the altar for Candlemas and the start of the penitential season of Lent on Wednesday 10<sup>th</sup> February, leading us to the Passion and Resurrection at Easter in March. Unfortunately the 1<sup>st</sup> Sunday of Lent on the 14<sup>th</sup> coincides with a certain level of fuss made about a well-known saint, but we might not spend too much time in church

celebrating the martyrdom of Valentine in Rome in 269, even if on the high street there is already a whole industry encouraging us to do just that. (If my wife is reading this, a card etc will be coming, honest.)

Given that we all seem so very bad at giving things up for the New Year, can I suggest that you use Lent as an excuse to take something up instead. You could make a resolution to come to one of the Lent courses. On Tuesday evenings and Sunday mornings we will be examining and discussing the Psalms, and there will be Meditation sessions on Thursday evenings. We will also be looking at the different parts of the Eucharist in the Sunday morning sermon slots. Full details of these three courses are in this magazine and will be fully publicised.

Alternatively, you could make a resolution in February to acquire a copy of the Archbishop of Canterbury's Lent Book and study that. This year it is "I Am With You" by Kathryn Greene-McCreight. I have not read it yet, but it offers a "biblical portrayal of God's presence among us as light in darkness," so looks interesting. But even without reaching for a recommended theology book, simply making regular study of the Bible itself is always beneficial, as everything for a Christian life is in there.

A simple resolution is just to come to church more often and add to your regular pattern of prayer. We have the extra services of Eucharist on Tuesday evenings at 7.30 p.m., Morning Prayer at 9.30 a.m. and Evening Prayer at 5.30 p.m. on Fridays, as well the Saturday 9 a.m. Eucharist as a good way to start the weekend.

The New Year's Resolutions for 2016 may already have been forgotten, but with Lent coming so soon, have a think about something you can take up to make 2016 a year when you deepen your personal relationship with God. In the long run (and eternity is indeed a very long time) it will probably do you more good than a lapsed gym membership card!

*Fr Chrichton*

## STUDY, DISCUSSION AND PRAYER IN LENT 2016

During Lent 2016 we will be offering a range of ways of developing understanding and depth of the faith, with three separate strands to cover discussion, learning and prayer.

The discussion element will come from the **York Study Course 2016 on the Psalms**.

The course will last for 5 weeks with the same sessions run on both Sunday mornings (between 8 a.m. and 10 a.m. services – start approx. 8.45 a.m.) and Tuesday evenings (8 p.m. after 7.30 p.m. Eucharist).

This is how York Courses describes the content -

“The ancient poems we call Psalms are over 2000 years old. They were written in very different times from our own when humans could travel at the speed of a camel - not at the speed of sound. But these songs have stood the test of time for they address many of the problems we still face: violence, injustice, anger - and bewilderment. Why do the wicked prosper? Where is God when we suffer? In this 5-session course, Bishop Stephen Cottrell - a prolific and popular author - reflects on the psalms in general (and five psalms in particular). He invites us to join him as he does so.”

The discussions will be guided by input from the Course Booklet (available from Fr Chrichton at £3.50) and listening to audio recordings of the views of a range of participants, who are John Bell, Fr Timothy Radcliffe OP, Revd Rose Hudson-Wilkin and Revd Dr Jane Leach, Principal of Wesley House.

The sessions will be led by members of the ministerial team as follows...

Week 1 Ps 100 *Know that the Lord is God*  
Sun 14/2 + Tues 16/2 Fr Chrichton

Week 2 Ps 130 *Out of the depths have I cried*  
Sun 21/2 + Tues 23/2 Rev Hazel

Week 3 Ps 13 *How long, O Lord?* Sun 28/2 +  
Tues 1/3 Jackie

Week 4 Ps 23 *You spread a table before me*  
Sun 6/3 + Tues 8/2 Rev Hazel

Week 5 Ps 137 *Unless the Lord builds the house*  
Sun 13/3 + Tues 15/3 Cathy

The learning will come from a **Sunday Sermon Series on the Background and Meaning of the Parts of the Eucharist**.

These will run for the 6 weeks of Lent at both the 8 a.m. and 10 a.m. Sunday Eucharist services. They will be delivered by the ministerial team to give a greater understanding (or a refresher) of what the different parts of the service mean and how they are relevant to both our worship and everyday life as Christians.

The series is as follows...

14/2 - Lent 1 - We Gather - Fr Chrichton

21/2 - Lent 2 - We Confess – Rev Hazel

28/2 - Lent 3 - We Learn (Service of the Word) - Cathy

6/3 - Lent 4 - (Mothering Sunday) - We Greet (The Peace)- Fr Chrichton

13/3 - Lent 5 - (Passion Sunday) - We Break and Share (Eucharistic Prayer) - Jackie

20/3 - Lent 6 - (Palm Sunday) - We Go Out - Rev Hazel.

Finally, we have the option to enhance our personal prayer by following a course on an **Introduction to Meditation**.

These sessions will be led by Anthony Hare on Thursday evenings at 7.30 p.m. in church. Each session will run for a maximum of one hour.

Anthony writes...“I believe that God wants prayer that strengthens our trusting relationship to him; that brings us to where we may, possibly, feel his presence and know his virtues, including his love and his peace. Thus, we may be able, more fully, to give of our lives to him. The course will teach two meditations; one that may help us, through intercessory prayer, to be open to God's loving-kindness, and the other, through

prayerful mindfulness, to know his peace in contemplative stillness.

The Lent Course will consist of six sessions, alternating the two practices week by week (and with perhaps, some increase in depth, as the course proceeds), so that those present, thereafter, may be able to practice the meditations at home.

The first, third and fifth weeks would involve the intercessory meditation, which I call 'The Stream of Loving-Kindness'. The meditation will run in five stages, which are: firstly, calling on God to extend his loving-kindness to ourselves; then to a close friend; thirdly, to a stranger; fourthly, to a 'difficult' person; and fifthly, to all of Creation. Thus, the reach of our prayer builds through the meditation from the most natural, to the more difficult and challenging.

The second, fourth and sixth weeks would involve mindfulness meditation, incorporating the 'Maranatha' mantra ('maranatha' is Aramaic for 'Lord, Come'). That is based on early Christian mantra meditations, especially those of John Cassian, and developed by Benedictine priest, Fr. John Main, in the 1960s.

This 'Maranatha Mindfulness' meditation is designed to enable mindful awareness of one's thoughts and feelings, but within a Christian prayerful context; so helping to facilitate, not only, a possible sense of God's presence, but also a deep sense of God's calm and peace.

The two meditations complement each other very well; for opening to God's loving kindness and to his peace, involves a balance of reaching out prayerfully and empathically, to others and to the world, and reaching inwardly to God and self-awareness."

The sessions will run as follows.

Thurs 11/2 – Intercessory

Thurs 18/2 – Mindfulness

Thurs 25/2 – Intercessory

Thurs 3/3 – Mindfulness

Thurs 10/3 – Intercessory

Thurs 17/3 – Mindfulness

## OUR FIRST CHRISTINGLE SERVICE

A big thank you to Fr Chrichton and Judith for organising our first Christingle Service in many years.

Over 70 attended the candle-lit service and were treated to a beautiful performance by the Junior Choir. A special thank you to Sam for agreeing to be dressed up as a big Christingle, as Fr Chrichton explained to the congregation what each part of the Christingle means. An orange, representing the world, a red ribbon representing the blood of Christ, with four sticks of sweets, representing the fruits of the earth and the cardinal points or the four seasons, stick into the orange :



A collection was taken in aid of The Children's Society. This was added to the collection taken at the Crib Service on Christmas Eve and, together with Gift Aid contributions, raised an impressive £746.75

Thank you to everyone who attended the service, and our other services during Advent and Christmas.

*Phillip Dawson*

## GOD IN THE ARTS

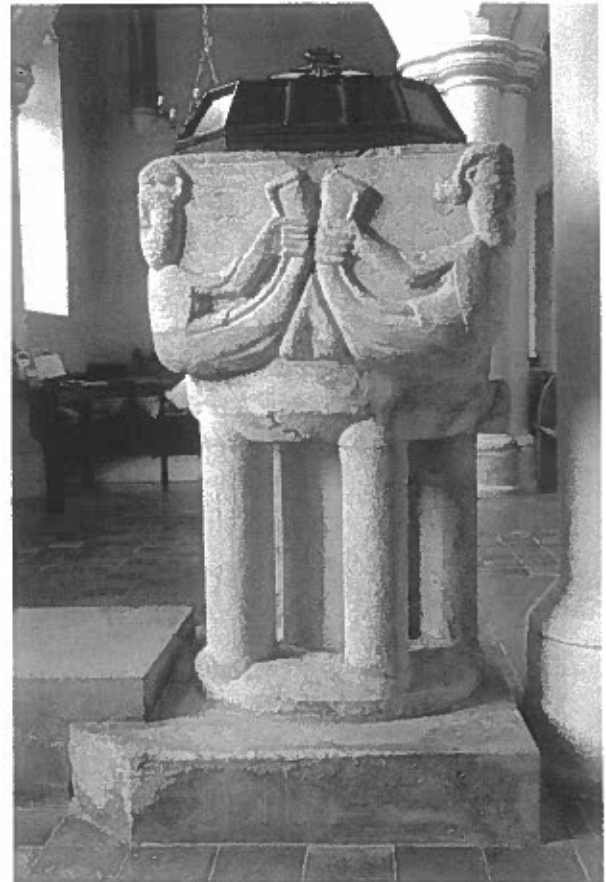
**Editor:** *Have you ever thought how an actual church building might provide a series of visual aids to spiritual meditation? For his 2016 series on God in the Arts, the Rev Michael Burgess continues his procession through the Church, this month pausing at the font. On the right is a photo of the font at St George's Church, Anstey, in Hertfordshire. More photos can be found by searching 'St George's Church, Antsy, Hertfordshire font' on the internet.*

### 'He gave us eyes to see them' - The Church Font

Last month we stood at the doorway of a church in West Yorkshire. Open the door of that church or any church and the first thing to greet our eyes is the font. It marks the beginning of Christian life in the church. Many fonts have fine carvings of the seven sacraments that nourish the Christian. Others are octagonal in shape: a reminder of Noah and his seven family members saved in the ark from the Flood.

This month's font is a symbol of the ship sailing the seas of life. It is in St George's Church, Anstey, in Hertfordshire. Around the font are carved mermen - mythical, pagan creatures that belong to a pre-Christian age which the newly baptised is called on to renounce. When it was carved in the 11th-12th centuries, baptism occurred within eight days of birth. Babies would be immersed three times into the waters of the font: dying to the old life symbolised by the mermen, and rising to new life, to be clothed in a white robe and given a lighted candle as a guide through life. They would then grow up in the church, moving from that west end through the upturned boat of the nave to the altar at the east end.

That movement is a sign of the pilgrimage we are all called to make. Like a journey on the seas of this world, we may sail through tranquil waters and peaceful days. There may be times when the skies are cloudy and the waters stormy. Martin Luther, when he was



faced by struggles like that in his life, would say the words 'I am baptised' to strengthen and reassure himself. 'I am baptised' we can say as we travel in faith, knowing that there is always a light to guide and a goal that is sure and eternal.

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## SAINT OF THE MONTH

### Saint Ignatius of Antioch

Saint Ignatius of Antioch, also called Ignatius Theophoros (Greek: "God Bearer") predates his more well known namesake, Ignatius Loyola, by about 1400 years. It is thought that he was born in Syria in about 40 AD and was perhaps a disciple of St John the Evangelist. He was second or third bishop of Antioch and was arrested when he was an old man for refusing to recant on his belief in Christianity during one of the persecutions of Christians. He is believed to have said 'The Lord has been faithful to me for eighty years, so I am not going to be unfaithful to him now.'

He is known mainly from seven highly regarded letters that he wrote during a trip to Rome, as a prisoner condemned to be executed for his beliefs. He was apparently eager to counteract the teachings of two groups—the Judaizers, who did not accept the authority of the New Testament, and the Docetists, who held that Christ's sufferings and death were apparent but not real. The letters have often been cited as a source of knowledge of the Christian church at the beginning of the 2nd century.

Although St. Ignatius, bishop of Antioch, was an influential church leader and theologian, he is known almost entirely from his own writings.

There is no record of his life prior to his arrest, but his letters reveal his personality and his impact during his time. Ignatius represented the Christian in transition from its Jewish origins to its assimilation in the Greco-Roman world. He laid the foundation for dogmas that would be formulated in succeeding generations. His advocacy of a hierarchical structure of the church with emphasis on episcopal authority and his insistence on the real humanity of Christ, Ignatius was taken prisoner during a persecution of the Antioch church; he was put in chains and escorted, along with others, by a unit of soldiers to Troas in north-western Asia Minor for embarkation to Rome. By that time he must have been a well-known figure among Christians. All along his way delegations of churches, even from places off his route, accompanied him from town to town. For unknown reasons, the journey was interrupted at Smyrna where he was warmly received by the local Christians and their bishop Polycarp who was to become his friend.

After leaving Smyrna, he wrote letters to their respective communities thanking them for their attentions and offering them guidelines for their lives as Christians.

Ignatius also wrote to Rome, urging his fellow Christians there not to prevent his martyrdom by intercession on his behalf and

commending to their charity Syrian Christians who had arrived there ahead of him.

His death in the Roman arena is recorded by Polycarp's disciple Irenaeus, who died between 200 and 220. Among all the persons known from Ignatius' correspondence, Polycarp, bishop of Smyrna, stands out as his personal friend. Ignatius made the acquaintance of his younger colleague during his stay at Smyrna. He addresses him and generally speaks of him with an affection that is absent in his praise of other bishops.

Polycarp received the only personal letter from Ignatius; it is a letter of advice from an experienced older man to a younger one who, for all the promise he shows for the future, still has to find his way. Polycarp, in turn, when writing to the Philippians, praises Ignatius as an example of patience and of willingness to suffer for Christ. Some 40 years later (perhaps in 155) Polycarp himself was to follow in his friend's footsteps as a martyr.

*Cathy Dallman*

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## ST JAMES-THE-LESS

### ON THE ART OF DRINKING WELL

The Rectory  
St. James the Least of All

My dear Nephew Darren,

You closed your last letter with the remark that it was time to retire to bed with a cup of cocoa. That may be all very well for the pious intensity of a theological college - although a stiff whisky was always acceptable in my day - but it is not a style to continue once in the parish. I do feel obliged to give you a few hints about what should and should not be drunk in public as a parish priest.

Morning visits are to be discouraged, but if one is unavoidable, and you are invited to have a drink, then it has to be coffee. It is the only time of day when a mug is acceptable - provided, of course, that it is china. In the afternoons one changes to tea, but only from cups. Blended varieties may be all very well for Curates in their first year, but it should be

Darjeeling for an incumbent. Fruit teas are for Quakers only.

If an inappropriate vessel is offered, then the drink should be accepted, but left untouched. Since the visit will be discussed in the finest detail throughout the parish the moment you have left, your host will soon learn why and not make the same error a second time. It is for the same reason that if you ever want to circulate a piece of news round the parish as quickly as possible, never put it in the parish magazine, just mention it casually during one of your visits. Everyone will know by tea time.

Alcoholic drinks must be carefully judged. A sherry - dry, naturally - is probably best if you are invited to lunch. In the early evening a gin and tonic would be the drink of choice. To ask for whisky would indicate that you are about to go over to Rome, and a mineral water that you have your roots in non-conformity. Beer is never drunk in someone's house unless you suffer from some personal tragedy, such as being the diocesan youth chaplain.

However an occasional beer in the pub with the bell-ringers (who will be real ale fanatics to a man) or after choir practice - which seems to be the real purpose of holding practices anyway - or as a treat for the sacristan, will show you are a man of the people. It is some years since I visited the pub.

Understanding wine should be taught at every theological college as an essential part of the ministry. Develop a taste for claret, dear boy, and you will be starting your journey towards high office.

And perhaps you should give that tin of cocoa to the verger.

Your loving  
uncle,  
Eustace



## HENRIETTA (SIS) WOOD RIP

Hazel and Philip Miall thank everyone for their prayers and good wishes over the last few months when Sis was on the prayer list for the sick and then after 16<sup>th</sup> December, when Sis died, for all your support.

Sis had a long life; she was 99½ when she died. That extra half-year was very important to Sis. She had said that she would like a 99<sup>th</sup> birthday party because she did not think that she would get to the magic 100 years. She was able to remember when her birthday was - she clearly told everybody, without hesitation – 30<sup>th</sup> June 1916.



Sis was born, brought up, and lived for the first 75 years of her life in the Tollington area of Islington. Many of her childhood and teenage friends were from the church of Holy Trinity, Stroud Green and the associated Brownies, Girl Guides and Rangers group. Here best childhood friend, Betty, married Sis's older brother Bill. You know Betty and Bill's daughter – Hazel. Sis was Hazel's Godmother.

Many people have asked how she got the name "Sis". She was baptized Henrietta Mabel, however her brother found it impossible to say the name *Henrietta* so he called her Sis – short for Sister. She has been known by that name for 99 years!



Sis trained at Pitman's Secretarial School where she learned to write shorthand, a skill that she utilized throughout her life. Many of her notes and reminders were written in shorthand, especially when she wanted to keep them away from prying eyes – where to find important documents, or bank card pin numbers that institutions tell us never to write down!

She loved making toys, dolls, teddy bears and other similar soft "cuddlies" for children. We have no idea how many she made over her lifetime, or how many she gave away to grateful children. Many of these are still cherished as witnessed by a significant number that were brought to Sis's funeral, without any prompting. We saw a teddy, given 67 years ago, a 64 year old soft bunny and a much lived doll given to a new baby 35 year ago.

Her other love was animals of all sorts, but especially dogs and cats. For many years she owned dogs – and we have just found their pedigree certificates! Sis was well known in her neighbourhood as she was seen walking her dogs twice a day through the streets and parks on a very strict and regular route. In the latter years, owning a dog became more difficult but she still looked after cats, including a group of strays that she fed daily in her garden. Her love of animals led her to be a great supporter of the Wood Green Animal Shelter Charity.

Sis loved Christ Church Southgate and, although she lived a distance away in Wood Green, was enthusiastic about coming to special and major services. She adored the choir and the organ. Because she was so small, she was almost hidden by the pews, but she could always hear the music. More recently, she enjoyed the Wednesday Lunch Fellowship and the Charity Lunches. Her last time in Christ Church was at the beginning of November last year for the baptism of her great, great nephew Max. Although Sis's memory had deteriorated significantly and needed constantly reminding who Max was, she was able to experience the excitement

and joy of meeting her great, great nephew over and over again.

Thank you all for being friends to Sis and welcoming her at Christ Church.

*Philip Miall*

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## STEWARDSHIP

I am delighted to report that last year's Stewardship Campaign was one of the most successful for many years. Almost 70 replies were received from the initial letters and these are broken down as follows:

8 new members of the stewardship scheme

49 increases by existing members

8 members remained in the scheme without increasing their donations.

In monetary terms, taking into account of some losses to the scheme in 2015, this means an extra £10,500 extra in a full calendar year plus Gift Aid and is an increase of almost 21%, a wonderful result.

All those replying received a personalised acknowledgment and thanks are once again due to them for their participation in the scheme.

In the next few weeks I will be preparing the new set of weekly envelopes which start in April. This is not such a popular way of giving now, and I would encourage parishioners to consider paying by banker's order, which is our preferred method of payment, especially if they no longer attend each week.

I would also ask those members of the congregation that use the Blue Gift Aid envelopes to consider changing over to using the weekly sets, or even better paying by banker's order instead.

All that is required is the signature of a Gift Aid Declaration and this avoids the need to complete an envelope each time. It also ensures that you adhere to your pledge by donating regularly, not just when you attend church. If you wish to switch over please contact me and I will let you have the documentation required.

Finally I would also like to reiterate to all those that already use the weekly envelopes

that they should be filled with your donation each week, even if you do not come to church, only in that way will Christ Church receive the full amount of your pledge.

I am always happy to discuss such matters should you wish for more information.

*Mick Meur  
Stewardship Recorder*

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## JESUS IS LORD

Jesus is Lord of all. He is Lord of my life – this is since April 1984, when I became born again. I always loved Him – He knows this.

He gives me strength to carry on.

‘Relax in my velvety robes of righteousness,’ he said in a book.

I do this for Him, it is catharsis, panacea, palliative. Jesus is there and so much more!

‘For you darling.’ He said to me just now.

‘Thank you, Oh Lord,’ I reply. His grace and love, beauty, to soothe and bless me.

How I want to serve you always forever. I know I shall, I will. I put His will before mine.

‘My child’ – ‘You are my own one, you are a Peace baby.’

‘Peace child’ was a concert I went to once. Beautiful.

‘Beautiful isn’t He?’ The title of a book someone recommended, ‘If you want to walk on water, you have to get out of the boat.’

We have to take the plunge. Jump in at the deep end.

I went swimming yesterday. Great. God gave me the strength for eleven lengths, and then later as his disciple, I walked to Potters Bar from The Green. What a feat! Yes, He inspires me to greatness.

I feel as if I am soaring in the sky! ‘Lucy in the sky with diamonds,’ A Beatles’ song. That’s me with darling, wonderful, ecstatic Jesus.

Premier Christian radio has a song once:

‘Jesus you are more precious than silver, Jesus you are more costly than gold; Jesus you are more beautiful than diamonds and nothing in the world compares to you.’

How lovely that song is.

When I said these words to the Revd David Hoyle, he replied: ‘I must listen to Premier.’

Jesus existed before the beginning of time. Eternal God, Creator of Heaven and Earth.

‘For I am fearfully and wonderfully made, you created me, you knit me together in my mother’s womb.’ From the Psalms.

Therefore I owe my life to you, Beloved Jesus. You direct all my footsteps. I act for You only.

I am a Christian first, then a vegetarian, then a runner, a swimmer, and so on.

‘Above All’ was another song on Premier Radio. ‘Above all nature and all created things... Better than ice-cream, better than roses.’

Jesus is the Promise of Mankind. With prayer, devotion to His Will and Word: by offering our entire being to Him; by dedicating ourselves, we can help Him fulfil His Will on earth.

In conclusion I urge you to ‘Take up your cross and follow Him.’ For His sake, for Jesus’s sake. Amen.

I now put here St Patrick’s prayer: ‘I bind before me today the three persons of the Holy Trinity.’

And another prayer: ‘Jesus before me, Jesus behind me, Jesus leading me on.’

On, on into the future – for me – oh yes!

He is my Leader, my Captain, and my Song! I love Him.

I so love Him, so very much you see.

I know you feel the same about me, my Beloved.

‘My beloved is mine and I am His, upon the mountains of Bether’ – or ‘of spices’ in some translations.

Happy days are here to stay with God – Jesus my own Beautiful!

Thank you. Amen.

*Lynda Corcoran*

# CHRIST CHURCH — Southgate —

## EXCLUSIVE GIFTS based on our Pre-Raphaelite Stained Glass by Morris & Co

Christ Church Southgate is delighted to launch this collection of gifts depicting some of our famous windows by William Morris & Company.

Specially commissioned from a company that supplies cathedrals and museums around the world and specialises in Pre-Raphaelite stained glass, these unique gifts depict our "Patience" and "Peace" windows by Edward Burne Jones and a floral roundel from our St Francis & King David window by John Henry Dearle. Framed with traditional stained glass lead and hand painted in the borders of Scotland & Cumbria, these high quality gifts make perfect presents and come in an attractive gift box. Available now in church!

- |   |                                  |        |
|---|----------------------------------|--------|
| A | 12.5" Lancet (Peace)             | £25.00 |
| B | 6" Roundels (Patience/Peace)     | £20.00 |
| C | Paperweight (Patience /Trefoil)  | £12.00 |
| D | 2.5" Roundel (Patience)          | £7.50  |
| E | 5.5" Window Cling (Patience/Pax) | £5.00  |

(Images not to scale)



E



D



B



C



## NOTICES

### FROM THE REGISTERS:

**Baptisms:** *None*

**Weddings:** *Dwight Lin and Rhiannon Mapelston.*

**Deaths:** *Henrietta (Sis) Wood, Renee Tustin and Evelyn Kattou.*

### PRAYER GROUP

Christ Church Prayer Group meet every Thursday afternoon from 2 p.m. at 64 Greenway N14. First we offer thanks to God for any specific things in our lives and also for the kindness of friends and strangers and for the blessings of this life.

We pray silently for the needs of our families and friends and for all in the parish who need our prayers. We always pray with thanks for our clergy and for all who work or worship at Christ Church. We include prayers for the wider world. We also have a short bible reading.

We would very much like two or three more people from the parish to join us. If you would like to give it a try with no obligation please ring me on 0208 886 5918 or email [cgd@cix.co.uk](mailto:cgd@cix.co.uk) Cathy Dallman.

### AND NATTER OVER COFFEE

Sylvia Burt and Briony Hadjidaniel have formed a new Craft Club, which is taking place every week during the Friday Coffee morning. All are welcome to come along. Donations of material, wool, card etc are welcome. Join us this Friday from 10.15 a.m.!

### CHRIST CHURCH ASSOCIATION Membership

New members are always welcome, just come and visit the Bar. The Bar staff will be able to help.

#### The Bar is open every week:

**Sundays:** 7.30 p.m. – 10.30 p.m.

**Wednesdays:** 8.00 p.m. – 11.00 p.m.

**Fridays:** 8.00 p.m. – 11.00 p.m.

All are most welcome to visit and become members. We always stock a good range of soft drinks as well as good beers and other alcoholic drinks. Please note that it is a legal requirement that all who purchase drinks from the Top Step Bar are Christ Church Association members.

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### SPIRE SUBSCRIPTIONS 2016

Thank you all those people who have already renewed their Spire subscription.

For those who haven't they are now due. £6.50 if you collect your cope from church or have it delivered at £16.50 if you would like it sent through the post.

Please put it in the 'magazine' box in church or give it to me, Hilary Meur.

For advertisers, we do have a few spaces on the back page, from £35 depending on the size.

### FOOD BANK

The food bank were very grateful for our contribution at Christmas time. As always this is on-going. The box is now back again just inside the church door waiting for your contributions. Food should be non-perishable such as tinned, dry, and long life items. Please ensure that all goods have a long sell by date and are in original un-opened packaging.

### TEDDIES FOR TRAGEDIES

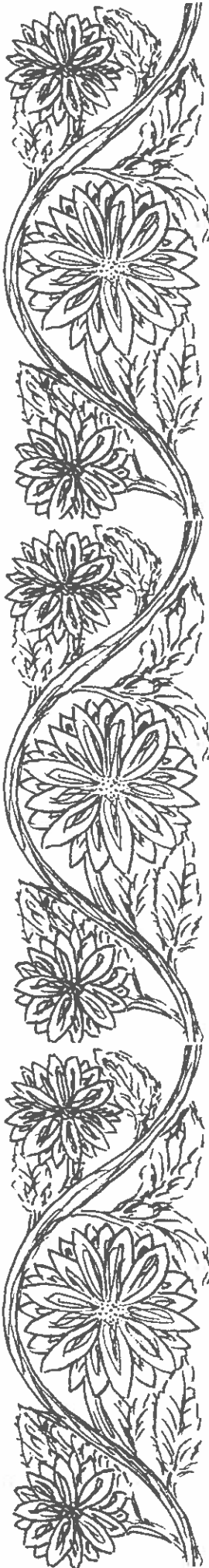
Recently I was asked to knit a teddy for Tragedies. I knitted a few and some visitors asked about them. Perhaps you would like to also knit one or two.

Details can be found at [teddiesfortragedies.org](http://teddiesfortragedies.org) I will put mine on display in church with a pattern. These toys are all basically the same but all in different colours. This means that each child is given the same teddy but is able to quickly recognise their own.

I will collect them up just before Easter and see that they go where they are needed.

*Hilary Meur*

---



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conducted by Richard Brain

presents

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Saturday 5<sup>th</sup> March 2016

7.30pm

Christ Church Southgate

The Green, London, N14 7EG

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including refreshments,

for sale at the door or from Richard Brain

([music@christchurch-southgate.org](mailto:music@christchurch-southgate.org))



## HYMNS

When you come to church you hear hymns. Hymns are songs of praise to God. Some are very old and some, like the ones you may sing at school, are new.

Have you ever wondered who wrote the hymns we sing? For example, one hymn writer was Mrs Cecil Frances Alexander, the wife of the Bishop of Londonderry. She wrote a book called 'Hymns for Little Children' which was dedicated to her godchildren. The book was published in 1848 and contained hymns that we know well today; 'All Things Bright and Beautiful', 'Once in Royal David's City' and 'There is a Green Hill Far Away'.

It is said that she wrote the last hymn because of the view from the Bishop's palace. The house looked out over the city walls to the green hills in the distance.

So the words  
we sing  
today come  
from the view  
that Mrs  
Alexander  
had from her  
window.



## HYMN TITLES

All the following hymn titles have some words missing – can you fill in the blanks. All the hymns are from Mission Praise and the answers are below.

1. While \_\_\_\_\_ watched
2. Lead us, \_\_\_\_\_, lead us.
3. Away in a \_\_\_\_\_
4. Forty days and \_\_\_\_\_
5. Hark! The \_\_\_\_\_ sing
6. \_\_\_\_\_ has broken
7. \_\_\_\_\_ night, \_\_\_\_\_ night
8. There is a \_\_\_\_\_ far away
9. We plough the \_\_\_\_\_ and scatter
10. Amazing \_\_\_\_\_

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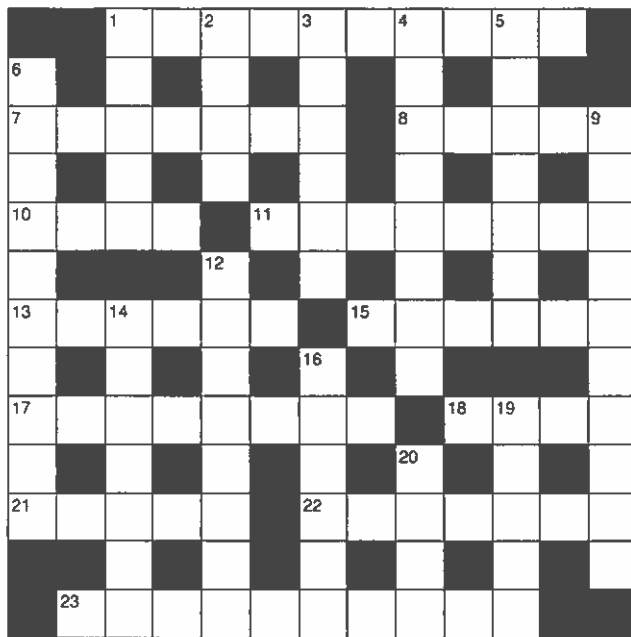
### Didn't your teacher say your singing was heavenly?

Well, she did say it was like nothing on earth.



- 
- Answers:** 1. While shepherds watched  
2. Lead us, heavenly Father, lead us  
3. Away in a manger 4. Forty days and forty nights 5. Hark, the herald angels sing 6. Morning has broken 7. Silent night, holy night 8. There is a green hill far away 9. We plough the fields and scatter 10. Amazing Grace.

## FEBRUARY 2016



## ACROSS

- 1 Success or wealth (Deuteronomy 28:11) (10)  
 7 Forbidden fruit for Nazirites (Numbers 6:3) (7)  
 8 Concede (Job 27:5) (5)  
 10 Look at (Psalm 48:13) (4)  
 11 Much in evidence after weddings (8)  
 13 Condense (Job 36:27) (6)  
 15 Breakwater (6)  
 17 Give a tan (anag.) (8)  
 18 More usually now called Pentecost, — Sunday (4)  
 21 After living for 365 years, it was said of him that 'he walked with God' (Genesis 5:23–24) (5)  
 22 Trampled (Judges 9:27) (7)  
 23 For example, Miriam, Deborah (Exodus 15:20; Judges 4:4) (10)

## DOWN

- 1 Arrogance (Proverbs 8:13) (5)  
 2 Roman poet from first century BC (4)  
 3 So rapt (anag.) (6)  
 4 Declare again (2 Corinthians 2:8) (8)  
 5 Paul's 'fellow worker', to whom he sent two epistles (Romans 16:21) (7)  
 6 God's foreseeing care and protection (Job 10:12) (10)  
 9 Traditional form of Roman Catholic Mass (10)  
 12 'The Lord... has given the — of Israel to David and his descendants for ever' (2 Chronicles 13:5) (8)  
 14 'My soul glorifies the Lord and my spirit rejoices in God my — ' (Luke 1:46–47) (7)  
 16 The central element in Nebuchadnezzar's dream, identified and interpreted by Daniel (Daniel 2:31) (6)  
 19 'On this rock I will build my church, and the gates of — will not overcome it' (Matthew 16:18) (5)  
 20 City where Paul was under house arrest for two years (Acts 28:16) (4)

## DECEMBER &amp; JANUARY SOLUTION

**ACROSS:** 1, Depend. 4, Canopy. 7, Beak. 8, Irritate. 9, Zedekiah. 13, Ate. 16, Job's comforter. 17, NAE. 19, Lang Syne. 24, Blockade. 25, Five. 26, Enigma. 27, Drench.

**DOWN:** 1, Debt. 2, Peaceable. 3, Drink. 4, Curia. 5, Nuts. 6, Put it. 10, Excel. 11, Is man. 12, Hoofs. 13, Attention. 14, Ezra. 15, Ijon. 18, Aslan. 20, Abana. 21, Greed. 22, GCMG. 23, Leah.

This crossword, reproduced by kind permission of BRF and John Capon, was originally published in Three Down, Nine Across, by John Capon (£6.99 BRF).

## PARISH DIRECTORY

<b>Parish Office</b>	<i>Open on Wednesdays and Fridays 10 a.m.—1 p.m.; 2.30—5 p.m. Please phone beforehand if you have any special requests or needs. N.B. Notices for the Sunday pew sheets should reach the Office no later than 10 a.m. on a Friday. If possible, please e-mail them.</i>	
<i>Mail</i>	1 The Green, London N14 7EG	
<i>Phone</i>	8886 0384	
<i>Email</i>	office@christchurch-southgate.org	
<i>Website</i>	www.christchurch-southgate.org	
<b>Clergy</b>		
<i>Vicar</i>	The Reverend Dr Chrichton Limbert	
<i>Address</i>	1 The Green Southgate LONDON N14 7EG	
<i>Phone</i>	8882 0917	
<i>Email</i>	frch138@btinternet.com	
<b>Curate</b>		
<i>Address</i>	The Reverend Hazel Miall 85 Conway Road Southgate LONDON N14 7BD	
<i>Phone</i>	07980 740 587	
<i>Email</i>	hazelhmiiall@btinternet.com	
<b>Lay Readers</b>		
	Mrs Cathy Dallman, 4 Greenacre Walk Southgate N14 7DB	8886 5918
	Mr Malcolm D'Aubney, 6 Arnos Grove, N14 7AS	8886 1964
	Ms Jackie Anderson	8245 0305
<b>Churchwardens</b>		
	Mr John Marriott	07917 184185
	Mr Phillip Dawson, 1 White House Farm Cottages, Waterfall Close, Southgate, London. N14 7JP	07843 445963
<b>PCC</b>		
<i>Secretary</i>	Dr Patricia Ashby, 23 Selborne Road, N14 7DD p.d.s.ashby@gmail.com	8886 2528
<i>Treasurer</i>	Mr Senaka Setunge	
<i>Stewardship</i>	Mr Michael Meur, 136 Green Dragon Lane, N21 1ET	8360 2362
<b>Youth</b>		
<i>Sunday School &amp; Youth Worker</i>		
<b>Bereavement Counsellor</b>		
	Mrs Pamela Davison, 48 Burleigh Gardens, N14 5AG	8368 3006
<b>Choir</b>		
<i>Director of Music &amp; Organist</i>		
	Mr Richard Brain music@christchurch-southgate.org	07979 850 546
<i>Assistant Organist</i>	Mr David Hinit, Flat 7, The Green, N14 7EG davejh@onetell.com	07734 209 662
<i>Treasurer</i>	Mr Ian Winton, 7 Foxgrove, N14 7EA	8882 3680



<b>Sacristan</b>	Mrs Pamela Davison, 48 Burleigh Gardens, N14 5AG	8368 3006
<b>Sidesmen</b>	Mrs Jean Thomas, 1 Bramford Court, N14 6DH	8882 8133
<b>Sub-committee Chairs/contacts</b>		
<i>Communications</i>	Parish Office – Parish Administrator, Mr Adam Dickson	8886 0384
<i>Social Responsibility</i>	Ms Jackie Anderson	8245 0305
<i>Resources</i>	Dr Ronald Lo	8882 3335
<i>Pastoral</i>	Mrs Cathy Dallman, 4 Greenacre Walk Southgate N14 7DB	8886 5918
<b>Electoral Roll Officer</b>	Dr Patricia Ashby	
<b>Parish Magazine "The Spire"</b>		
<i>Editors</i>	Parish Office, see above	
<i>Distribution</i>	Mrs Hilary Meur, 136 Green Dragon Lane, N21 1ET	8360 2362
<i>Acting Treasurer</i>	Mrs Lynda Rigg, 124 Waterfall Road, N14 7JN	8886 4811
<b>Flower Arrangers</b>	Mrs Lynda Rigg, 124 Waterfall Road, N14 7JN	8886 4811
<b>Parish Centre/Church Halls</b>		
<i>Chairman</i>	Mr Philip Miall, 85 Conway Road, N14 7BD	8882 6738
<i>Secretary</i>	Miss Clare Boulton, 321 Gladbeck Way, EN2 7EN	8367 5961
<i>Lettings</i>	christchurchparishcentre@gmail.com	
<i>Treasurer</i>	Mr Michael Meur, 136 Green Dragon Lane, N21 1ET	8360 2362
<b>Christ Church Association</b>		
<i>Bar open as advertised</i>		
<i>Contact</i>	Mr Clive Woodhouse, 41b Osborne Rd, N13 5BT	8882 0014
<b>Friday Coffee Morning</b>	<i>Every Friday morning 10.30 am - 12.15 p.m.</i> Mrs Yvonne Woodthorpe, 88 Waterfall Road, N14 7JT	8368 9467
<b>Lunch Fellowship</b>	<i>Usually on 2<sup>nd</sup> Wednesday in the month at noon.</i> Mrs Cathy Dallman, 4 Greenacre Walk Southgate N14 7DB	8886 5918
<b>Waterfall Group</b>	<i>1st Tuesday 8.30 p.m. - informal women's meeting</i> Mrs Frances Wyatt	8361 5379
	Mrs Glenys Rodway, 14 Dawlish Avenue, N13 4HP	8882 5970
<b>Scout Group</b>	The Revd. Hazel Miall, <i>Cubs</i> Mr Stephen Smith, <i>Group Scout Leader</i>	07980 740 587 8882 0991
<b>Bellringers</b>	<i>Practice held Wednesdays 7.30 p.m.</i>	
<i>Captain</i>	Mr Martin Sutcliffe, 46 Brookdale, N11 1BN	8368 1974
<b>Bridge Club</b>	<i>Thursdays 8 p.m.</i>	
<i>Secretary</i>	Mrs Shirley Poulter, 48 Arnos Grove N14 7AR	8886 2863
<b>Young Fogeys</b>	<i>For the active and retired, though you needn't be either!</i>	
<i>Contact</i>	Mrs Jean Thomas, 1 Bramford Court, N14 6DH	8882 8133

## FEBRUARY 2016 CALENDAR

Date - FEBRUARY	Day	Eucharists	Other Services	Liturgical Colour	
Monday	1	<i>Brigid, abbess, c.525</i> DEL week 4 Ordinary Time begins today (Candlemas celebrated on 31 January).		Green	
Tuesday	2		7.30pm (said)	Green	
Wednesday	3	<i>Anskar, archbishop, missionary, 865</i>	11am (said)	Green	
Thursday	4	<i>Gilbert, founder of the Gilbertine Order, 1189</i>	12.30pm (said)	Green	
Friday	5		9.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green	
Saturday	6	<i>Martyrs of Japan, 1597</i> <i>Accession of Queen Elizabeth II, 1952</i>	9am (said)	Green	
Sunday	7	<b>Next before Lent</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	Green
Monday	8	DEL week 5		Green	
Tuesday	9		7.30pm (said)	Green	
Wednesday	10	<b>Ash Wednesday</b>	<b>11am (said); 8pm (choral).</b> <b>Both with Imposition of Ashes.</b>	Lent array	
Thursday	11		12.30pm (said)	Lent array	
Friday	12		9.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent array	
Saturday	13		9am (said)	Lent array	
Sunday	14	<b>Lent I</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	Lent array
Monday	15	<i>Sigfrid, bishop, 1045</i> <i>Thomas Bray, priest,</i> <i>founder of SPCK and SPG, 1730</i>		Lent array	
Tuesday	16		7.30pm (said)	Lent array	
Wednesday	17	<i>Janani Luwum, archbishop, martyr, 1977</i> Ember Day	11 am (said)	Lent array	
Thursday	18		12.30 pm (said)	Lent array	
Friday	19	Ember Day	9.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent array	
Saturday	20	Ember Day	9am (said)	Lent array	
Sunday	21	<b>Lent II</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	Lent array
Monday	22			Lent array	
Tuesday	23	<i>Polycarp, bishop, martyr, c.155</i>	7.30pm (said)	Lent array	
Wednesday	24		11 am (said)	Lent array	
Thursday	25		12.30 pm (said)	Lent array	
Friday	26		9.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent array	
Saturday	27	<i>George Herbert, priest, poet, 1633</i>	9am (said)	Lent array	
Sunday	28	<b>Lent III</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	Lent array
Monday	29			Lent array	



**Bruce Forrester** *Chartered Surveyor*

BSc (Hons), MRICS, C.Build E, FCABE, MCI Arb, FFPWS, FNAEA

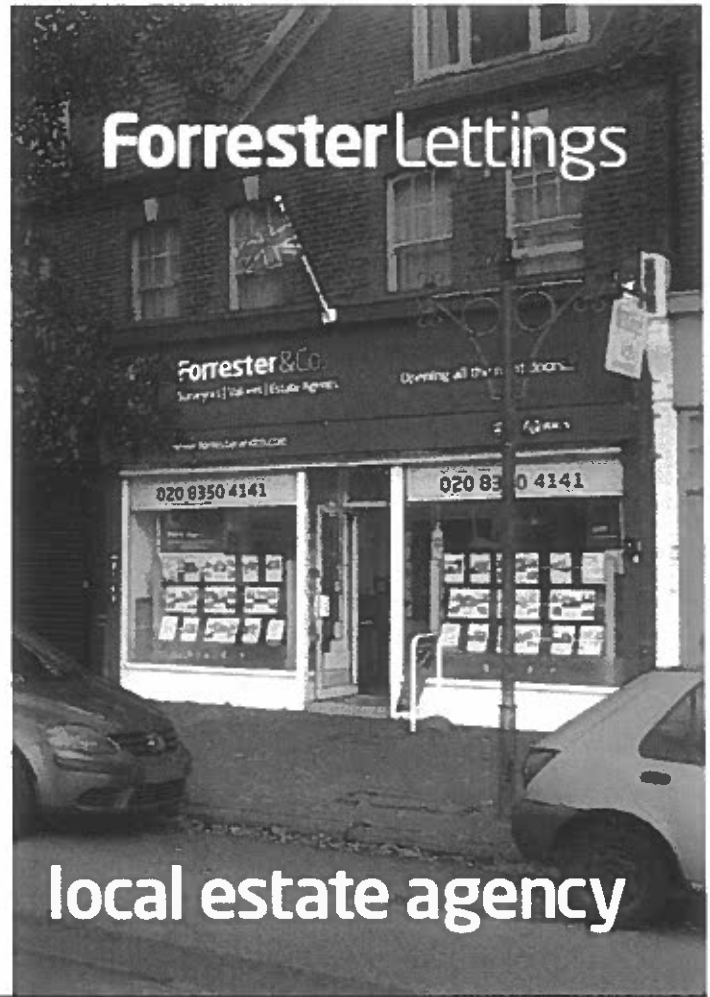
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