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The Spire

The Parish Magazine
CHRIST CHURCH
— *Southgate* —

July & August 2019



20 July
Charity Lunch



21 July
Choir Concert



16-18 August
Choir at Westminster Abbey



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Welcome!

**From The Reverend
Dr Chrichton Limbert
Vicar of Christ Church Southgate**

Welcome to the Summer 2019 double issue of *Spire Magazine* – which means that the holiday season is upon us – already. The exam season is all done, the end of term events and expeditions are in full swing, and the end of term school service season starts. I have been asked to take part in the service for St Paul’s new Southgate Primary School as I have been helping out with

assemblies and a training session with the staff during the interregnum. I’ve been asked to speak on any special memories of my Primary School. Looking back, it has changed a lot since the early 1960s when I started, so the children will be hearing stories of milk in glass bottles, the open toilet block at the bottom of the playground, the caretaker stoking the coal fire in the classroom

(no central heating) and the day when the student teacher played us Sgt Pepper's Lonely Hearts Club Band LP by the Beatles that she had bought that day in 1967 before school and couldn't wait to get it home to listen to it!

Before we all start the big break, I must congratulate again everyone who helped in any way with the May Fair, which has raised a wonderful total of £6,000. This is also added to by the individual sums raised by the charity stalls that were part of the event, which we know raised well over a further £1,000. We will shortly be distributing substantial donations to this year's chosen charities, Dementia Club UK and Farms for City Children, as well as contributions to the Scouts and Air Cadets for their help on the day. So, thank you all again for all your work and dedication to such a wonderful community event.

I'm sure you will have seen in the news, the May Day Bank Holiday for 2020 has disappeared in favour of a national celebration of the 75th anniversary of VE Day on the following Friday. So, the May Day Fair will be taking a break in 2020. However, we will be taking a full part in the celebration and commemoration of the VE 75 weekend with services and events for the whole community.

One of the highlights of our commemoration of the end of World War 1 in 2018 was the

wonderful and previously unseen memorabilia and memories of the war that came to light to really clearly show how WW1 affected the community and the lives of our forebears in Southgate.

So, I would be delighted if you could do me a summer project on the topic of VE day and WW2 local memories. It would be great if we could capture and share different aspects of how the end of the Second World War affected life in the church, parish and community. We could collect material and hopefully have it on display, have a series of articles in Spire magazine, publish it on the Web or even make a local history book – it seems a good time to do it as there are momentous changes coming shortly in our relationship with Europe, however that is finally resolved. Let me know if you'd be willing to share your personal memories or memorabilia.

Have a great summer. If you are off on expeditions, I pray that you will travel safely and return renewed and refreshed. I'll end with a message to those coming on the St Cuthbert's Way walk in September – remember to practice in your walking boots over the summer – it is a long way and will come upon us very quickly!

Fr Chrichton

[Image :Fr Chrichton on holiday in Florence where his hotel was on the appropriately named Piazza del Limbo]

NEWS FROM THE COMMITTEES

June has been relatively quiet on the committee front, although with the final **PCC** of the year on 23rd July, activity will doubtless gain momentum in the next few weeks – **Finance & Standing** will meet on 11th July. There was a short meeting of **Pastoral** at the end of May where new sidespersons were announced (Anna Hughes and Sarah Tobin) – more are always needed; a few home visits were noted; and we learned that Christ Church will become a corporate member of PSALM. **Plant & Fabric** has been active, *inter alia* arranging the scaffolding, etc., for our gutter and slate repairs. **Outreach** noted that the move of the Bank Holiday in 2020 to the following Friday effectively prevents us from holding a May Fair next year. As always, **Social Responsibility** had been as busy as ever and is fully reported elsewhere in this magazine (and my thanks go to Hilary Meur who regularly supplies this always interesting copy for us).

Patricia Ashby



St. Paul's Cathedral Service – Marking the 25th Anniversary of the Ordination of Women to the Priesthood in the Diocese of London

On Tuesday 4th June I had the privilege of attending a wonderful service at St. Paul's Cathedral. It was a very special occasion and many of the women who attended had very interesting stories to tell about their ministry and their journey to ordination.

The photograph above, taken after the service shows, from left to right, The Revd. Christine Morton who was one of that first cohort of women to be ordained in 1994. She has officiated at services at our church many times. I am between Christine and The Revd. Prebendary Marjorie Brown. She was the first woman Vicar to be appointed in Edmonton and I had the privilege of attending her Church, St Mary's Primrose Hill as part of my training for Ordination. Marjorie is now the Diocesan Director of Ordinands, so she has a leading role in the selection of, and training plans for, those who feel called to the priesthood. Next to Marjorie is The Revd. Julie Coleman who last year was appointed as the first woman Vicar of St. John's Palmers Green.

I can remember going to one of those very first ordination services in 1994 when 74 women in

all were ordained priest, over two days. I went to support Pippa Winton who was ordained priest. She is the wife of The Revd. Dr. Alan Winton who was then our Curate. Pippa has specialised her work in spiritual direction, and as a counsellor and psychotherapist. Alan is now the Bishop of Thetford.

The service at St Paul's this year was a very happy one, but perhaps not quite so exciting as the one 25 years ago. This year's service was lead by The Right Revd. Dame Sarah Mullally who is, of course, the first Woman Bishop of London. At the service many women were invited to share their stories of ministry. They spoke of many different aspects of ministry. Cultural diversity, was an important topic. Inclusive Church seemed important to all.

One woman movingly explained her pastoral role among the Chinese community. She understood people's feelings of homesickness because she felt it too. And a chaplain from Great Ormond Street Hospital for children gave a very moving account of her pastoral work. She befriended a child from half way across the world. She baptised him and later baptised and married his parents. Eventually she officiated at the funeral of the child. This woman seemed to have provided 'wrap around care' to this little family.

The stories were endless, but each of those speakers made it very clear that they were loving their neighbours and were spreading the Good News.

Hazel Miall





Choir Weekend at Christchurch Priory, Dorset 1-2 June 2019

At the beginning of June, the Adult Choir spent a weekend singing in the magnificent medieval surroundings of Christchurch Priory. The Priory is situated just a few hundred yards from the picturesque Christchurch harbour on the River Stour and about a mile inland from the coast. Christchurch as a town, is completely spellbinding and one cannot help but be charmed by the character of the harbour and the friendliness of its community.

The Priory itself can trace its history back to around 800AD and the Saxon era. The current church was first built just after the Norman Conquest before the building was substantially expanded during the 13th, 14th and 15th Centuries. In our modern age where we work so hard to preserve our historic buildings, it is remarkable to think how these ancient buildings were altered so much by our ancestors and how cathedrals and greater churches have been redesigned during their lifetime.

Following on from our February tour to Venice,

the Choir enjoyed the opportunity to sing in some new surroundings here in the UK. We had four services to sing for during our two-day visit which began with Evensong on Saturday 1 June where we sang Sir Charles Stanford's mighty First World War anthem *For Lo! I Raise Up* and Herbert Howells' *Collegium Regale* Evening Canticles. *For Lo! I Raise Up* was written by Stanford in 1914 as a response to the unfolding horrors of the Western Front and the subsequent assaults on the UK mainland. He sets text from Habakkuk 1 & 2. The first half of the piece is very dramatic and highly unsettled before the piece begins to find a more comforting message "We shall not die" and making (as the scholar Jeremy Dibble put it) "an impassioned declaration of faith ('For the earth shall be filled with the knowledge of the glory of the Lord...The Lord is in His holy temple')."

Sunday 2 June brought with it the challenge of singing three services with the addition of Matins. Choral Matins offered the choir the opportunity to sing two of their favourite morning canticles, the *Te Deum* in B flat by Stanford and Benjamin Britten's *Jubilate Deo* in C. Although not a natural partnership, Britten's setting of the *Jubilate* is one of his most conservative works, and with its positive uplifting character, works very effectively with

Stanford's grand setting of the Te Deum. Stanford's setting in B flat is based on the unusual concept of applying the symphonic concept of sonata form structure to Gregorian plainsong tones.

That morning we also sang Mozart's *Missa Brevis* in D major, William Byrd's fiendishly tricky *Haec Dies*, and Vaughan Williams *O Clap Your Hands*. Later in the day at Evensong the Choir sang Orlando Gibbons' Second Evening Service and *Lift Up Your Heads* from Handel's Messiah. The music choices across the weekend were driven by a coupling of the liturgical requirements of Ascensiontide and a selection of some of my own favourite pieces to mark my 30th birthday. Stanford, Gibbons, Handel and Vaughan Williams are four of my favourite composers. I could not quite find room to add Elgar, Haydn and Wesley in on this occasion! The repertoire I selected also allowed for almost everyone in the choir to have a solo at some point across the weekend, including Fr Chrichton who combined the role of Dec Bass 1 and cantor for Saturday Evensong.

The Priory congregation were extremely welcoming indeed and appreciative of our efforts. The Priory has a fine musical tradition of its own, so I am delighted we have been able to contribute to its musical heritage. The Priory organ is a remarkably large instrument and even has two different consoles depending on the keyboard action the player wishes to have. As always, Dave made himself

completely at home on a new instrument and made full use of the organ's full stop range and a clever use of the physical placement of the organ pipes. This included an organ introduction where one could hear the sound of organ arpeggios move down the Priory's nave up and down the building. It was very exciting indeed and a neat trick if you can do it!



It was of course a very rewarding trip musically, but also a lovely trip socially as well as I and the Choir celebrated with my 30th birthday. I have now been at Christ Church for six years and the chance to share in a significant celebration with my friends in the choir was particularly special as we took the opportunity to look back and see what we had achieved together. It also gave us the opportunity to look at "what next" and think about the exciting opportunities that lie ahead.

Richard Brain, Director of Music



Calling all gardeners!

If you enjoy gardening and have some spare time (occasional or regular) you would be more than welcome to help out in the garden. This can be at any time convenient to you. If you are interested please contact Pat Hawkins either:

- in person, in church, or
- by email via office@christchurch-southgate.org



Social Responsibility Committee Report

The **Charity Lunch** on 1st June raised £250 for *Carers Trust Lea Valley Crossroads Care Service*. They were very grateful for our contribution. The next lunch is on 20th July. We will serve a chicken dish & the proceeds will go to SEARCH. This is an advice centre for the elderly near St. James's church in Newcastle.

Also, early in June, some church members spent an evening with Anne Nicholls learning about the problems of young girls in Kenya, who are unable to attend school or take part in other activities when they have their period because they have no sanitary protection. £450 was collected and some time was spent making reusable sanitary wear, which will give 64 young women a packet of pads which it is hoped will last for 5 years.



Two photos arrived on my desk a few days later. These are from 'The Reed People', a Norfolk based charity who have taken the hand knitted jumpers I had collected. One photo shows girls in Uganda making their own sanitary protection from towels and duvet covers. In the other, the little girls are wearing dresses made from recycled pillowcases – the yellow dress and matching hair band was made in Winchmore Hill!

We gave £130 to Richard House following their talk at the June **Lunch Fellowship**. This is a children's hospice in Becton. Most funding for hospices comes from donations. At Richard House they have five beds used for respite care to give parents and carers precious time away to re-charge their batteries. They also have a rainbow suite for end of life care, and they give care and support to families in the community. The next Lunch fellowship is on Wednesday 10th July when there will be a talk about the work of 'Mission Aviation Services' in Africa.

As previously reported, **coffee money** to date has raised £400 for the Salvation Army. Our coffee money for the second half of the year will go to 'Grief Encounters'. This charity, based in Finchley, fills a gap since the Enfield Bereavement service closed. Members of our congregation have been helped by them. Please give generously when you buy your coffee in church.

As usual at this time of year it's time to think about **Christmas shoe boxes**. All year round when I am out with my grandchildren they are on the lookout for suitable items & presents. I now have two dozen covered boxes, including several large ones from my eldest grandson who takes size 12 shoes, and a growing collection of contents. Mabel Geeson is still knitting sets of hats, gloves & scarves, and Sylvia Burt continues to produce decorative shoulder bags. Please keep knitting! All contributions of boxes, all the usual gifts or money towards delivery will be much appreciated.

Thank you everyone for your continuing support. Have a good summer.

Hilary Meur for SRC

Gardening for Health

On 5th June (World Environment Day) Pat Hawkins and I were very fortunate to attend an event at Lambeth Palace. Green Health Live 2 was presented by *The Church Times* and was a follow up to their first presentation day last year (attended by myself and Father Chrichton). Last year Green Health Live 1 included a series of presentations by the finalists in *The Church Times* competition to see which church could best use its green spaces for the greater good of all. The main focus of Green Health 2 was to consider how gardening can help those with mental health issues. There were some personal accounts from Rachel Kelly, an author who had suffered from a breakdown and severe clinical depression, and the Reverend Jonathan Aitken who spoke about how prisoners can be helped to find calm through gardening. Two of last year's winners came back with a progress report. These were St Paul's in Camden Square, London and St Pol de Leon in Cornwall. Two very different and contrasting sites but both reaching out in similar ways. Both churches have gardening sessions for local groups with a range of issues, including those in psychiatric wards, dementia and Alzheimer's groups, those with post-traumatic stress disorders, and a multitude of other mental health sufferers.



Church gardens are often the ideal setting to find the peace and tranquility, balance and adjustment which is so often missing from daily life. Peace and sensory gardens are now becoming an integral part of many churches as more services are held outdoors and as we acknowledge and appreciate God's creation more than ever. Pat and I were totally inspired. We know that Christ Church's garden is lovely just as it is but it could be developed and used for so much more. Maybe a sensory garden benefitting those whose senses are weakening, a quiet area to sit and pray, some pots with flowers, herbs, shrubs or similar. This beautiful place could benefit both those who garden (helping with both physical and mental health) and those who then use it. *BUT*, we need the initiatives, the will and the manpower to proceed and succeed.

If anyone has any ideas at all for the church garden or knows of any individual or gardening groups that may be interested please let Pat or the wardens know. It's worth noting that most of the church garden projects started very small and when the positive benefits began to be seen then more locals became interested. So thinking caps on please. Gardeners, ideas, outreach; it's all within our grasp.

*God, creator of the universe,
fill us with your love for the creation,
for the natural world around us,
for the earth from which we come
and to which we will return.
Awake in us energy to work in your world;
let us never fall into complacency, ignorance,
or being overwhelmed by the task before us.
Help us to restore, remake, renew. Amen.*



Sandra Anderson

St. Cuthbert's Way



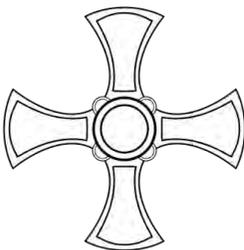
St. Cuthbert's Way is one of the most beautiful, varied and enjoyable long distance walking routes in Britain. The route links Melrose in the Scottish Borders, where St. Cuthbert started his religious life in 650 ad, with Holy Island off the Northumberland Coast, his eventual resting place and his original pilgrimage shrine. Although inspired by St. Cuthbert, this is far more than a pilgrimage route.



Parish Pilgrimage 2019

Our first Parish Pilgrimage Walk was in 2015 when a group of us decided to walk from London to Canterbury along the traditional route. Those who did the walk enjoyed it so much that we organized the second pilgrimage in the Peak District walking from Ilam to Eyam, famous for its self-imposed quarantine in the 17th century plague epidemic. Thus, pilgrimage walks seem to have become a tradition at Christ Church Southgate. Now we are going on our third Parish Pilgrimage in September this year – this time along the St. Cuthbert's Way in the Borders and Northumberland, ending on the Holy Island of Lindisfarne.

St. Cuthbert (634-687 AD) was a monk, hermit and bishop in the Celtic tradition living and working in the then Kingdom of Northumbria.



He was much loved and revered by his followers. He was involved with the conflicts between the Celtic and Roman traditions regarding calculation of the date of Easter

and monastic tonsure, but accepted the decision of the Synod of Whitby (664 AD) to go with Rome. With many miracles attributed to his intervention, and that his body was found to have been preserved without decay after 11 years, he was made a saint, and was said to be the most popular saint prior to Thomas Becket. His coffin and remains were removed from Lindisfarne when the Vikings invaded and eventually laid to rest at what was the predecessor to Durham Cathedral and translated to the Cathedral in due course.

The pilgrimage trail starts in Melrose in the Borders at Melrose Abbey (ruins) where St. Cuthbert started as a novice. We trace a path to the Holy Island of Lindisfarne in Northumberland, the base to the area where Cuthbert served and where he eventually became bishop. This trail could well be a path that he might have trodden many times throughout his ministry in the area.

The trail promises to have an ever-changing variety of scenery and spectacular views with a unique and truly memorable finish along the causeway to Holy Island exposed only at low tide. It passes through the Cheviots and what is reputed to be a site where the saint rested (while others reckon that this was where he

lived for some time as a hermit) – St. Cuthbert's Cave (of course!) – some 18 km (12 miles) from Holy Island. St. Cuthbert was reputed to have walked everywhere and refused to use a horse. This brought him closer to the common people.

Usually walkers walk the trail in 4 to 7 days but we have elected to walk it over 8 days given the age and fitness (or the lack thereof) of our participants. The trail is not long at 64 miles, so we will average 8 miles a day. However, walking that distance every day for 8 days in a row will be quite challenging for some of us!

As with previous Parish Pilgrimages, we will be raising funds for a worthy cause with our walk. In 2015 we raised funds for the Neuroendocrine Tumour Patient Foundation, and in 2017 towards the building of Noah's Ark Children's Hospice. This year, we have decided to support the homeless in London via the charity Homeless Action in Barnet. Some of you might know that we have been donating our Harvest Festival goods to them for many years. With the reduction in Government funding in recent years, their operation and the services they provide are under threat. We hope to help keep them going while alternative sources of funding are being established.

Donations in support of our fund-raising with

the Parish Pilgrimage Walk are gratefully received. Online donations can be made via <https://uk.virginmoneygiving.com/fund/stcuthbertswaypilgrimage>. Cash or cheques (made out to "Christ Church Southgate") should be given to Pat Hawkins. Please Gift Aid your donation where possible to increase the value of your donation by using the Parish Giving Blue Envelope. All pilgrims bear the cost of their walk, so 100% of all donations will go to the charity. Further information about the Pilgrimage may be obtained from Ronald Lo. Please see the leaflet of Homeless Action in Barnet for information on the charity or visit their web page at <https://www.habcentre.org/> for more details.

Please support and pray for the ten pilgrims going on this Pilgrimage, and give generously to support the less fortunate in our midst!

Ronald Lo



STUDY GROUPS

Christ Church has two Study groups which meet fortnightly during term time, one on Wednesday evenings and the other on Friday evenings. We study books of the bible and also other aspects of our faith. Both groups have been looking at a Study Guide which is called 'Women of the Old Testament' which was most interesting and provoked lively discussion.

Both groups would welcome a few more members.

If you are interested in joining us please speak to Jackie or Cathy.

Spire Style Guide

- 9 pt Calibri Font
- No complex formatting (i.e. don't insert pictures into your text, etc.)
- Ideally not more than 400 words, unless this has been invited, or discussed in advance
- Photos should be sent as separate .jpeg files
- Respect Copyright – always cite sources if you have quoted text or reproduced images from elsewhere (internet, books, etc.) .



WHAT WE DO IN CHURCH AND WHY

Signing with the Cross

The symbol of the Cross is common to Christians of all traditions and has been since the beginning of Christian history. It can be seen in art, in and on our churches and on our bodies. And this is appropriate for Christians because the sign of the Cross reminds us what Christ did for all of us.

Making the Sign of the Cross over oneself, other people and things has been common among Christians for a very long time. It was mentioned in the writings of the church Fathers in the second century. Notably by Tertullian who lived from 160 to about 220 and was the first of the Church Fathers to write in Latin. He mentioned that many Christians made a small sign of the Cross on their foreheads with Holy Water. Over the centuries this has increased and now it is made on many occasions over the whole body.

Really it can be made at any time but is most appropriate to do so when the sign of the Cross is made over you at for example the Absolution at the Eucharist or during Morning or Evening Prayer, or receiving God's Blessing at the end of a Service. Other times include the beginning of the Gospel reading; during the Prayer of Consecration when the Consecrated Bread and Chalice is raised and before receiving Communion.

Very often when we make the sign of the Cross, we do it to accompany another prayer. For example, we use it when we invoke the name of the Trinity. Making the sign of the Cross is also a prayer itself: a prayer without words. We are to worship with our minds, our souls and also our bodies and making the sign of the Cross is worshipping with our bodies, for what is more fitting than movement and gesture? When we use words to pray we are using only one language – we need to use the language of the body too.

I have found the use of the sign of the Cross very helpful indeed when starting to pray as it helps me recollect what I am doing. You might find this so yourself – if you feel self-conscious and diffident, give it a try – no-one will notice. And you might find it brings you closer to Our Lord. But like everything in the Anglican Church – it's not compulsory!

Cathy Dallman

Diary dates—The Choir



Choir Summer Concert Sunday 21st July 3.30 pm

Please join us for the traditional summer concert, where members of the Choir demonstrate their solo instrumental and vocal talents. Entry is free.

Westminster Abbey 17th-18th August

The Choir are returning to Westminster Abbey to sing for weekend services. Saturday Evensong is at 5pm, Sunday Eucharist is at 11.15am and Evensong is at 3pm. Entry to the Abbey for services is free.

If you mention you are supporting congregation, the sidesman will often try and find you nice seats!



Note from the Editors

Wow! We've managed a year! It's certainly hard work, but we've very much enjoyed working together and looking after *The Spire* for the last twelve months. We hope you've enjoyed reading it and we hope there haven't been too many mistakes. Certainly, we owe you all a huge debt of thanks – for all your various contributions, pictures, suggestions, and – especially – for managing nearly always to make the deadline and submit copy to the office. This last has made our lives immeasurably easier. Our routine has been invariable: the copy is collected, zipped and sent to us the day after the deadline; Clare immediately starts work on the structure of the edition – the adverts, calendar, crossword, themed colour-choice, etc. – and Patricia edits the copy (sometimes tweaking the text... and trying to avoid treading on anybody's toes in the process... apologies to anyone who has inadvertently been upset), does a first proof reading, produces word counts, and ensures the font and line-spacing are uniform. We then meet together on the following Saturday and do what is known as "put the copy to bed" – we assemble everything, fitting contributions to the pages and ensuring nothing is left out. After that, we print a draft copy and take it home to proofread one final time over the weekend. The final copy is then returned to the office in time for Wednesday printing. And voilà! A new *Spire* appears in church on the following Sunday, the first Sunday of the month.

So, thank you! We wish all happy holidays. If you visit interesting churches on your travels, you might consider writing your experience up for a future edition. Copy is always welcome (around 400 words unless you discuss this with us first).

Clare & Patricia



Parish Life in Pictures

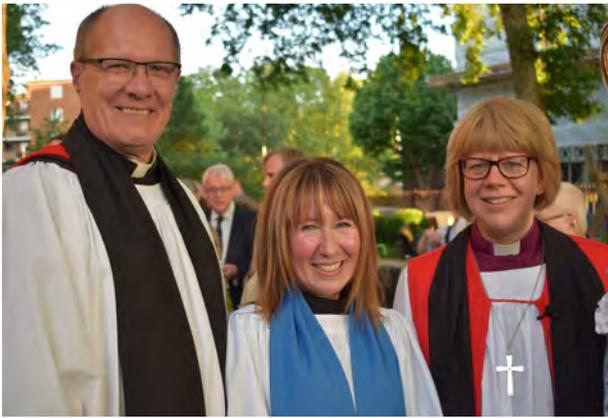
June 2019



We baptised and welcomed five new members of the Church family



The Christchurch Association celebrated their 40th birthday with a BBQ and party. 40 years of fellowship, community, outreach & still going strong.



Sandra was licensed as a Licensed Lay Minister by the Bishop of London supported by family and friends.



The Choir went on tour to Christchurch Priory where Richard celebrated his 30th birthday in style



Parish Walk in Epping Forest

Last Saturday a small group of us walked a nine-mile circuit in Epping Forrest. We were blessed with perfect weather and the forest and countryside were absolutely at their best. The beauty of the trees was breathtaking and walking through the long grass in meadows made me feel positively young again. For me, this natural beauty makes God's presence even more obvious. He's right there. It is amazing walking through countryside that is completely hidden from the sight of the public. There were hardly any people and very few roads or houses anywhere. Admittedly, there was a slight hum from the M25 but that was it. It was just us and nature. The walk was slightly undulating to give us a bit of a challenge but we all did well - even if I say so myself. After a picnic lunch we passed some stunning fields of wild flowers and after crossing a road (just one of two we crossed all day) we saw a cricket pitch with the players all in white just as it used to be. (I bet there was tea and cucumber sandwiches too.)

It was also lovely to spend some quality time together as a group just walking and chatting. Afterwards we all enjoyed a well-earned ice-cream and a drink in the local pub.

So a huge thank you to Ronald and Judith for organising this event and for looking after us. It really was the most perfect day.

Sandra Anderson

OUT TO LUNCH!

Charity Lunches

Held on Saturdays in Church House,
 12 for 12.30. £5.00
 (Main course & dessert, a glass of wine or
 fruit juice, followed by tea or coffee.)
 All proceeds to a good cause.
 Everyone welcome – Come and support us!
 20 July
 5 October
 30 November

Lunch Fellowship

Held in church – 2nd Wednesday of the
 month, following the 11 o'clock service.
 Sandwiches + dessert. Followed by a raffle,
 with a talk, quiz or a discussion.
 Everyone welcome – Come and join us!
 10 July
 14 August
 11 September

Christchurch Association News

The Christchurch Association (CCA) provides a social centre for the parish, and runs the “Top Step Bar” which serves soft and alcoholic drinks upstairs in Church House.

The CCA Top Step bar opens early on the first Friday of each month, so please call in at any time between 6 and 11 pm to enjoy complimentary **cheese and snacks** throughout the evening. The next two such occasions are **Fridays 5th July** and **6th September**. There will be no Cheese & Snacks evening in August as the bar will be closed for the summer recess. Our final opening session will be Friday 26th July, and we start again on Sunday 1st September

On **Friday 19th July** there will be a **Pizza Evening** at the bar, which will be open from 8 to 11 pm as usual. We will order a selection of pizzas to suit all tastes so you can choose your favourite topping(s). We will aim to have the food available by 9:30 pm, and the cost will be worked out on the night.

We celebrated our 40th anniversary with a wonderful party in Church House on Saturday 15th June. The weather, however, was less than wonderful – and by all accounts mirrored that of June 1979 – but that did not deter us from enjoying a fine barbecue (excellent meats from Godfrey’s Butchers), music from 1979 (courtesy of Fr. Chrichton), and an anniversary cake.

The Top Step Bar is open on a regular basis as follows (except during August):

- **Sundays** from 7:30 to 10:30 pm
- **Wednesdays and Fridays** from 8 to 11 pm
- Early opening at **6 pm** on the first Friday of every month

The CCA is a Registered Club with membership open to anyone who worships at Christ Church, lives in the parish or uses the church halls. Membership costs just £2 per year and new members are always welcome. Please contact Clive for more information or if you would like to become a member.

Clive Woodhouse (Chairman, Christchurch Association)



PRAYER OF THE MONTH

D.H. Lawrence said “It is a fearful thing to fall into the hands of the living God. But it is a much more fearful thing to fall out of them.” How true! And this reminds us that while the world and all that is in it is God’s work, we need to **know** that, be conscious of it at all times, respect it, and live our lives accordingly. Belief in one God should be a unifying source of love, kindness, generosity and respect. In the heat of summer – the weather, the wars, the weapons, the politics, the greed – we need to think calmly and coolly of the way ahead... not just this coming July and August... but the way ahead for the world and all who share it, for all time. Robert Bridges (another great poet who died, like Lawrence, in 1930) wrote a prayer which might perhaps shape our thoughts over the next couple of months. We are transient custodians of God’s work. We need to show ourselves to be worthy of the trust placed in us.

*Eternal Father, who didst all create,
In whom we live, and to whose bosom move,
To all men be thy name be known, which is love,
Till its loud praises sound at heaven’s high gate.
Perfect thy kingdom in our passing state,
That here on earth thou may’st as well approve
Our service, as thou ownest theirs above,
Whose joy we echo and in pain await.*

*Grant body and soul each day their daily bread:
And should in spite of fresh grace woe begin,
Even as our anger soon is past and dead
Be thy remembrance mortal of our sin:
By thee in paths of peace thy sheep be led,
And in the vale of terror comforted.*

Amen.



The New Dean of Westminster, The Very Reverend Dr. David Hoyle



Wonderful news! Her Majesty the Queen has approved the appointment of the Very Reverend Dr. David Hoyle as the new Dean of Westminster.

David was Vicar, here at Christ Church, Southgate, between 1995 and 2002. He moved from Southgate to become Director of Ministry and Canon Residentiary at Gloucester Cathedral and most recently, has been Dean of Bristol and also Chair of The College of Dean in the Church of England.

As Dean of Westminster, David will head the Chapter at Westminster Abbey, overseeing the spiritual life of the Abbey and giving leadership to the Abbey community. As Westminster Abbey has the status of a Royal Peculiar, the Dean answers directly to the Queen (rather than to the Bishop of London or the Archbishop of Canterbury).

I know that we will be seeing David's picture regularly in the national press as he greets the Sovereign (and other heads of state and special guests) at the doors of the Abbey. I am sure that everyone here, at Christ Church, sends David, Janet, Mike and Katy our very best wishes as he begins this new role in his Spiritual Ministry.

David takes over from The Very Reverend John Hall who was regularly photographed at special services in the Abbey and who officiated at the wedding of Prince William and Catherine Middleton. I thought that I would glance through the names of the previous 38 Deans of Westminster. David will be following on in the steps of revered theologians such as Lancelot Andrewes who oversaw the translation of the King James Version (the Authorised Version) of the Bible.

David will be installed as Dean on 16th November.

Philip Miall



Open House Weekend 21st & 22nd September

The Church will be open

Saturday 10 am - 5 pm

Sunday 1pm - 4 pm

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A letter to Christ Church: Thoughts – Past, present and Future



Just listening to Tony Campolo speaking about the Magnificat. I once had a book called *Mary for Advent* – a liberating social gospel proclaims beautiful Mary – definitely more than just Holy God’s Mother. Radical like him – God – her Son – our blessed Saviour. As well as the even more special significance of the Virgin birth. Wonderful Mary!

I have just read about *Christian Aid* beginning in 1945 – the year I was born – a peace baby. This must have inspired my lifelong endeavour for an end to global poverty – peace in the world and vegetarian compassion. These, along with my Christian/Jewish life, have led to various and still continuing works, including teaching children about the Bible and Jesus in my work as a Speech and English teacher, giving talks for *Tearfund*, (*Tearfund* is fifty years old this year), and giving *Compassion UK* talks about child sponsorship. As well as lots of charity work, devout prayers too. Am I vaunting? I hope not. The Bible says ‘Let not anyone see you giving alms’ but on the other hand ‘Let your light so shine before men that they may see your works and so glorify your Father in Heaven’. I really feel the Holy Spirit is leading me in this article.

What now for the future? Well these messages here of *Christian Aid*, *Tearfund*, etc., and my continuing prayer, studying and on-going witness to my beloved Godhead. My Precious Lord Jesus, Saviour and Christ, the great Messiah; the Holy Spirit, Friend, Guide and wonderful support to me in all this and the God, the Deity – God the Father Almighty. Our wonderful Nicene Creed. How I adore saying this and believe it implicitly. How I love the sacred service in Christ Church

My worship sometimes borders on the mystic in my adoration of the Great Almighty God! In my bible study, I think I am becoming even better acquainted with God the Father and his relationship with his beloved son Jesus.

I still keep up praying for the members of Christ Church in need, clergy also etc. It is so wonderful to return to Christ Church services after so long an absence. I thank the Lord for Jackie, and Judith and Ron and Hazel who came to visit me. I love you all very much in Jesus Christ our faithful God, Redeemer and Saviour. I hope to fulfil His plan for me which in all, is my life’s work and service, as a humble obedient pilgrim.

From your Friend and Christian Sister,

Lynda Corcoran



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JULY 2019 CALENDAR

JULY	Day	Eucharists	Other Services	Liturgical Colour
Monday	1 <i>Henry, John, and Henry Venn, Priests, Evangelical Divines, 1797, 1813 and 1873</i>			Green
Tuesday	2	7.30pm (said) Including Healing and Wholeness.	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Wednesday	3 Thomas the Apostle	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Red
Thursday	4	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Friday	5		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Saturday	6 <i>Thomas More, Scholar, and John Fisher, Bishop, Martyrs, 1535</i>	9am (said)	8.30am (Morning Prayer)	Green
Sunday	7 Trinity 3	8am (said); 10am (sung)	6.30pm Choral Evensong	Green
Monday	8			Green
Tuesday	9	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Wednesday	10	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	11 Benedict, Abbot, c.550	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Friday	12		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Saturday	13	9am (said)	8.30am (Morning Prayer)	Green
Sunday	14 Trinity 4	8am (said); 10am (sung)	6.30pm Choral Evensong	Green
Monday	15 Swithun, Bishop c.862. <i>Bonaventure, Friar, Bishop, Teacher of the Faith, 1274</i>			White
Tuesday	16 <i>Osmund, Bishop, 1099</i>	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Wednesday	17	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	18 <i>Elizabeth Ferard, Deaconess, Founder of the Community of St Andrew, 1883</i>	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Friday	19 Gregory, Bishop, and his sister Macrina, Deaconess, Teachers of the Faith, c.394 and c.379		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Saturday	20 <i>Margaret of Antioch, Martyr, 4th C. Bartolomé de las Casas, Apostle to the Indies, 1566</i>	9am (said)	8.30am (Morning Prayer)	Green
Sunday	21 Trinity 5	8am (said); 10am (sung)	6.30pm Evening Prayer	Green
Monday	22 Mary Magdalene			White
Tuesday	23 <i>Bridget of Sweden, Abbess, 1373</i>	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Wednesday	24	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	25 James the Apostle	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Red
Friday	26 Anne and Joachim, Parents of the Blessed Virgin Mary		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Saturday	27 <i>Brooke Foss Westcott, Bishop, Teacher of the Faith, 1901</i>	9am (said)	8.30am (Morning Prayer)	Green
Sunday	28 Trinity 6	8am (said); 10am (sung)	6.30pm Evening Prayer	Green
Monday	29 Mary, Martha and Lazarus, Companions of Our Lord			White
Tuesday	30 William Wilberforce, Social Reformer. Olaudah Equiano and Thomas Clarkson, Anti-Slavery Campaigners, 1833, 1797 and 1846	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Wednesday	31 <i>Ignatius of Loyola, Founder of the Society of Jesus, 1556</i>	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green

AUGUST 2019 CALENDAR

AUGUST		Day	Eucharists	Other Services	Liturgical Colour
Thursday	1		12.30 pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Friday	2			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Saturday	3		9am (said)	8.30am (Morning Prayer)	Green
Sunday	4	Trinity 7	8am (said); 10am (sung)	6.30pm Said Evening Prayer	Green
Monday	5	Oswald, King, Martyr, 642			Red
Tuesday	6	The Transfiguration of Our Lord	7.30pm (said) Including Healing and Wholeness	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Wednesday	7	<i>John Mason Neale, Priest, Hymn Writer, 1866</i>	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	8	Dominic, Priest, Founder of the Order of Preachers, 1221	12.30 pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Friday	9	Mary Sumner, Founder of the Mothers' Union, 1921		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Saturday	10	Laurence, Deacon, Martyr, 258	9am (said)	8.30am (Morning Prayer)	Red
Sunday	11	Trinity 8	8am (said); 10am (sung)	6.30pm Said Evening Prayer	Green
Monday	12				Green
Tuesday	13	Jeremy Taylor, Bishop, Teacher of the Faith, 1667 <i>Florence Nightingale, Nurse, Social Reformer, 1910</i> <i>Octavia Hill, Social Reformer, 1912</i>	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Wednesday	14	<i>Maximilian Kolbe, Friar, Martyr, 1941</i>	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	15	The Blessed Virgin Mary	12.30 pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Friday	16			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Saturday	17		9am (said)	8.30am (Morning Prayer)	Green
Sunday	18	Trinity 9	8am (said); 10am (sung)	6.30pm Said Evening Prayer	Green
Monday	19				Green
Tuesday	20	Bernard, Abbot, Teacher of the Faith, 1153 <i>William and Catherine Booth, Founders of the Salvation Army, 1912 and 1890</i>	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Wednesday	21		11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Thursday	22		12.30 pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Friday	23			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Green
Saturday	24	Bartholomew the Apostle	9am (said)	8.30am (Morning Prayer)	Red
Sunday	25	Trinity 10	8am (said); 10am (sung)	6.30pm Said Evening Prayer	Green
Monday	26				Green
Tuesday	27	Monica, mother of Augustine of Hippo, 387	7.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Wednesday	28	Augustine, Bishop, Teacher of the Faith, 430	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Thursday	29	The Beheading of John the Baptist	12.30 pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Red
Friday	30	John Bunyan, Spiritual Writer, 1688		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Saturday	31	Aidan, Bishop, Missionary, 651	9am (said)	8.30am (Morning Prayer)	White

PARISH DIRECTORY

Parish Office *Open on Wednesdays and Fridays 10 a.m.—1 p.m. and 2.30—5 p.m.
Please phone beforehand if you have any special requests or needs.
N.B. Notices for the Sunday pew sheets should reach the Office no later than
10 a.m. on a Friday. If possible, please e-mail them.*

Mail 1 The Green, London N14 7EG
Phone 8886 0384
Email office@christchurch-southgate.org
Website www.christchurch-southgate.org

Clergy

Vicar The Reverend Dr Chrichton Limbert
Address 1 The Green, Southgate, London, N14 7EG
Phone 8882 0917
Email frch138@btinternet.com

Assistant Priest The Reverend Hazel Miall
Address 85 Conway Road, Southgate, London, N14 7BD
Phone 07980 740587
Email hazelhmiall@btinternet.com

Lay Readers

Cathy Dallman, 4 Greenacre Walk, Southgate, N14 7DB 8886 5918
 Jackie Anderson 8245 0305
 Sandra Anderson 07947 027265

Churchwardens

Clare Boulton, 321 Gladbeck Way, Enfield, EN2 7HR 8367 5961
 Catherine Harvey, 1 Ruby Road, Walthamstow, E17 4RE 07872 493556

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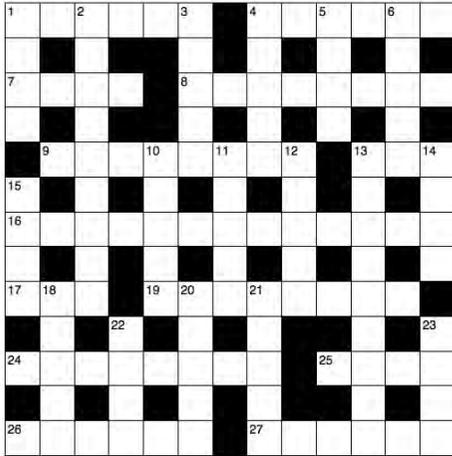
Secretary John Macrory 8440 3258
 john@macroryward.co.uk
Treasurer Clare Boulton (as above)
Stewardship Michael Meur, 136 Green Dragon Lane, N21 1ET 8360 2362

Music Department

Director of Music Richard Brain 07979 850546
 music@christchurch-southgate.org
*Assistant Director
 of Music* David Hinit, 19 Mercia Rd, Baldock, Herts, SG7 6RZ 07734 209662
Treasurer Ian Winton, 7 Foxgrove, N14 7EA 8882 3680

Sacristan	Peter Holiday, 61 Arnos Grove, Southgate, N14 7AG	8886 4126
Sidesmen	Judith Lo	8882 3335
Sub-committee Chairs/contacts		
<i>Outreach</i>	Clare Boulton (as above)	
<i>Plant and Fabric</i>	Catherine Harvey (as above)	
<i>Social Responsibility</i>	Jackie Anderson (as above)	
<i>Resources</i>	Ronald Lo	8882 3335
<i>Pastoral</i>	Cathy Dallman (as above)	
Electoral Roll Officer	Patricia Ashby	8886 2528
Parish Magazine "The Spire"		
<i>Editorial Team</i>	Copy to be sent to the Parish Office (see above)	
<i>Treasurer</i>	Hilary Meur, 136 Green Dragon Lane, N21 1ET	8360 2362
Flower Arrangers	Contact the Parish Office (see above)	
Parish Centre/Church Halls		
<i>Chairman</i>	Philip Miall, 85 Conway Road, N14 7BD	8882 6738
<i>Secretary</i>	Clare Boulton (see above)	
<i>Lettings</i>	christchurchparishcentre@gmail.com	
<i>Treasurer</i>	Michael Meur (as above)	
Christ Church Association Bar		
<i>Contact</i>	Clive Woodhouse, 41b Osborne Road, N13 5BT	8882 0014
Friday Coffee Morning	<i>Every Friday morning 10.30 a.m. – 12.15 p.m. in Church</i>	
<i>Contact</i>	Hilary Meur (as above)	
Lunch Fellowship	<i>Usually on 2nd Wednesday in the month at noon in Church</i>	
<i>Contact</i>	Cathy Dallman (as above)	
Waterfall Group	<i>1st Tuesday 8.30 p.m. – informal women's meeting</i>	
	Frances Wyatt	8361 5379
	Glenys Rodway, 14 Dawlish Avenue, N13 4HP	8882 5970
Scout Group	The Reverend Hazel Miall, <i>Cubs</i>	07980 740 587
	Stephen Smith, <i>Group Scout Leader</i>	8882 0991
Bellringers	<i>Practice held Wednesdays 7.30 p.m.</i>	
<i>Captain</i>	Martin Sutcliffe, 46 Brookdale, N11 1BN	8368 1974
Bridge Club	<i>Thursdays 7.30 p.m. – 10 p.m.</i>	
<i>Secretary</i>	Jean Jobson, 26 New River Crescent, N13 5RF	8882 5619
Young Fogeys	<i>For the active and retired, though you need not be either!</i>	
<i>Contact</i>	Jean Thomas, 1 Bramford Court, N14 6DH	8882 8133

SUMMER CROSSWORD



DOWN

- 1 'For I am gentle and humble in heart, and you will find — for your souls' (Matthew 11:29) (4)
- 2 Where Peter was when he denied Christ three times (Luke 22:55) (9)
- 3 Remarkable early 20th-century Indian evangelist, a convert from Hinduism, — Sundar Singh (5)
- 4 'Now the king had put the officer on whose — — leaned in charge of the gate' (2 Kings 7:17) (3,2)
- 5 and 8 Across The Lover describes this facial feature of the Beloved thus: 'Your — is like the tower of Lebanon looking towards — ' (Song of Songs 7:4) (4,8)
- 6 'Stand firm then, with the belt of truth buckled — your waist' (Ephesians 6:14) (5)
- 10 Trout (anag.) (5)
- 11 Easily frightened (1 Thessalonians 5:14) (5)
- 12 The ability to perceive (Ecclesiastes 10:3) (5)
- 13 One of the clans descended from Benjamin (Numbers 26:38) (9)
- 14 "It is one of the Twelve," he replied, "one who — bread into the bowl with me" (Mark 14:20) (4)
- 15 Resound (Zephaniah 2:14) (4)
- 18 Traditional seat of the Dalai Lama (5)
- 20 Precise (John 4:53) (5)
- 21 Build (Ezekiel 4:2) (5)
- 22 Beat harshly (Acts 22:25) (4)
- 23 Darius, who succeeded Belshazzar as king of the Babylonians, was one (Daniel 5:31) (4)

ACROSS

- 1 'I pray that out of his glorious — he may strengthen you with power through his Spirit in your inner being' (Ephesians 3:16) (6)
- 4 'Saul's father Kish and — father Ner were sons of Abiel' (1 Samuel 14:51) (6)
- 7 'Praise the Lord, O my — ' (Psalm 103:1) (4)
- 8 See 5 Down
- 9 Laws (1 Kings 11:33) (8)
- 13 'Who of you by worrying can — a single hour to his life?' (Luke 12:25) (3)
- 16 Artistry (Exodus 31:5) (13)
- 17 'Your young men will see visions, your — men will dream dreams' (Acts 2:17) (3)
- 19 How David described his Lord (Psalm 19:14) (8)
- 24 'If this city is built and its — — restored, you will be left with nothing in Trans-Euphrates' (Ezra 4:16) (5,3)
- 25 'The holy Scriptures, which are able to make you — for salvation through faith in Christ Jesus' (2 Timothy 3:15) (4)
- 26 Intended destination of arrows (Lamentations 3:12) (6)
- 27 Eve hit (anag.) (6)

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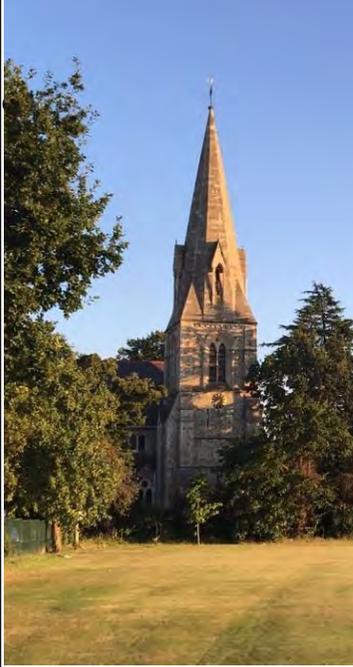
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