

# The Spire



The Parish Magazine of  
**CHRIST CHURCH**  
— Southgate —

## March 2020



4 March  
Lent Course



8 March  
ECO Sunday



29 March  
Choral Stations of the  
Cross





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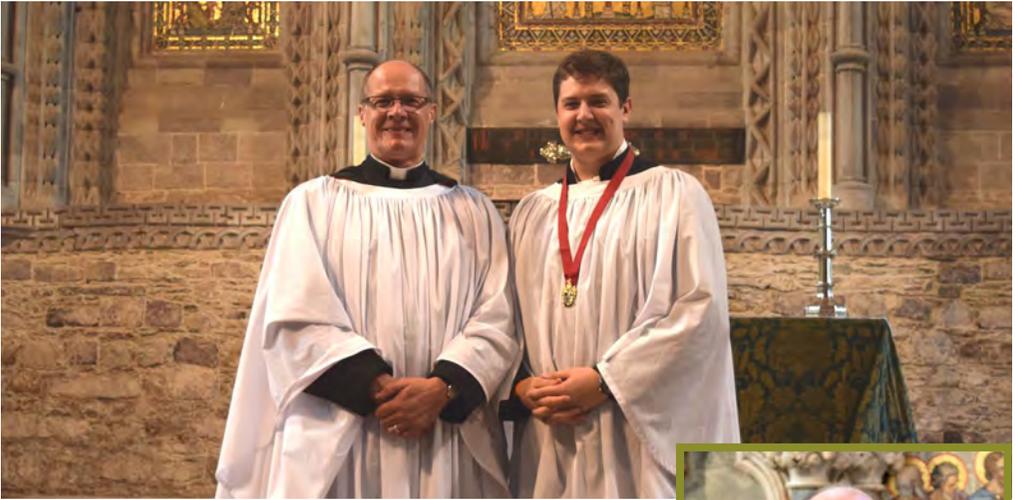
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# Welcome!

## From The Reverend Dr Chrichton Limbert Vicar of Christ Church Southgate



Welcome to the Spire magazine for March. The date of publication on the 1<sup>st</sup> is both the First Sunday of Lent and St David's day. In recent years I have become a bit of a fan of St David. It all started with the first time the choir spent a weekend singing in the Cathedral a few years ago, which then led to our youngest son Christopher applying for a choral scholarship in the choir there. He is now a Vicar Choral and works in the office doing music and liturgy administration, so we now visit regularly and, bit by bit, are learning about St David, as he is actually buried in the Cathedral.

One of the most well-known sayings of St David was that we should concentrate on "doing the little things in God's presence with conscientiousness and devotion". That can be applied to all aspects of life from individual relationships to simple actions, which when added up can lead to huge global changes – so if

everyone in the world simply decided to do stop doing something harmful and do something different instead, the world could be better place. A recent example is the use of plastic bags in shops. In 2014, before the 5p charge started, there were 7.5 billion plastic carrier bags handed out by shops in the UK every year, but in 2018/19 the number fell by over 90% to 550 million. The small thing of saying no to a single use carrier bag has led to a huge drop in plastic waste. Recently Sandra, as our Eco-church lead, has been asking us to record the small things we all have been doing that add up to big change in how we live. They will all be displayed during Lent as an encouragement to us all and as part of our push for the Eco-church Gold Award.

The theme of reducing our impact on the planet is central to the Archbishop of Canterbury's Lent book for 2020, which is *Saying Yes to Life* by Ruth Valerio. I strongly recommend it as an excellent

book to read and reflect on. The Archbishop, in the foreword to the book, says that “We are obliged to live out the life that Christ calls us to live, to care for our neighbours, for the creatures and the creation that God has so generously given us”. Just by doing things differently in our individual and small ways, the global impact can be huge. During Lent, the sermons on Sunday morning will be following the themes of the book, as we consider different elements of creation. The same themes are found in the Church of England #LiveLent campaign, which involves 40 daily challenges to make us consider how we all care practically for God’s creation. For details of the challenge and the accompanying booklet, as well as how to sign up to social media resources, see [www.churchofengland.org/livelent](http://www.churchofengland.org/livelent).

On Sunday 8<sup>th</sup> March, the morning Eucharists will be specifically considering the planet and our part in creation by including special prayers and an Act of Commitment to care for the planet. There will also be an afternoon of Music and Eco-poetry from 2.30pm led by Liz Partridge

and Maggie Butt. Please come and support the event, which has refreshments and a retiring collection for the Bishop’s Lent Appeal – Wheels for Climate Change Emergencies. All of which brings us back to doing small things together. At the Legendary Vicar’s Pre-Lent Quiz, we had a fun evening answering obscure questions, tasting some very strange things and making aeroplanes out of construction bricks. All very small things, but which added up to raising well over £1,000 to our fund for the Bishop’s Lent appeal to allow the churches of Angola and Mozambique to give practical help to those whose lives have been dramatically affected by the changes in our climate by funding new four-wheel drive support vehicles.

Have a good Lent of prayer and reflection and by God’s grace we will all be showing our love for him by caring for the planet even more by the time we walk with Christ at his passion, death and joyful resurrection at Easter.

*Fr Chrichton*

## Prayer of the month

As the days start to lengthen and we move into the period of Lent, there is ample opportunity for taking a good look at the world around us, trying to see things in a new light, trying to love all people and the environment. Many of the problems we were all talking about last month stem directly from looking inwards and not outwards – what I want, what I need, what I do... but this overlooks Love. We watch families suffering the world over: families decimated in war torn provinces, families victimized by political strategies, and families injured in natural tragedies. So much of this suffering can be avoided or, at the very least ameliorated, by Love – loving one another, loving others as God loves us, loving our world – loving all as we love ourselves. Based on *1 Corinthians 13:2, 4–8*, such Love asks us to look outward, not inward:

I pray for the gift of love;  
     for if I have not love, I am nothing.  
 Teach me, in love, to be patient and kind;  
     not envious, boastful or conceited.  
 Never let me be rude, selfish or quick to take offence;  
     may I keep no score of wrongs.  
 Never let me take pleasure in the sins of others;  
     may I take delight in the truth.  
 For then there will be nothing my love cannot face;  
     no limit to its faith, its hope, its endurance.  
 My love will never end. Amen

## Saint of the Month: St Mark the Evangelist\*

### Feast Day 25th March

St Mark, who is named as the author of the second Gospel, is assumed to be the one referred to in Acts as John Mark. He was mentioned by St Paul in his letters to the Colossians, Timothy and Philemon, and by St Peter in his first letter. Mark, who we can read about in Acts, whom St Peter calls his son, is the son of Mary, whose house was a meeting-place for the Apostles, and to which St Peter returned on his release from prison.

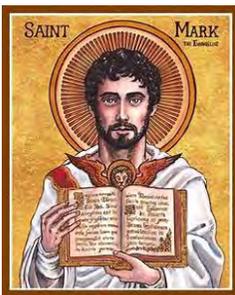
Mark accompanied St Paul on his first Apostolic journey but returned to Jerusalem alone, after a disagreement perhaps, and for this St Paul refused to take him on his second trip. After this he sailed to Cyprus as a missionary with Barnabas.



[This Photo was taken by Wolfgang Moroder]

Ten years later, Mark was a fellow-worker of St Paul and in the company of St Peter in Rome. He went into Asia Minor after Paul had written to the Colossians, remained there some time, and returned to Rome. There is a tradition that St Mark was the founder of the Church of Alexandria and bishop of that city for about twenty years.

Later tradition suggests that Mark was one of the seventy-two disciples sent out by Jesus into the towns and villages of Galilee, but it is uncertain whether or not he ever saw Jesus. Many are of the opinion that the young man who fled naked from Gethsemane was the evangelist himself.



The date of St Mark's death is uncertain. The "Acts" of Mark give the Saint the glory of martyrdom and say that he died while being dragged through the streets of Alexandria. Roman tradition relates that St Mark wrote his Gospel at the request of the Roman Christians and under the direction of St Peter. Biblical scholars think it was the first gospel to have been written.

He is the Patron of Venice, notaries, against lightning, and hail. His emblem is a winged lion and his relics are said to be at St Mark's in Venice, and were probably stolen from Alexandria. I remember seeing the sculpture of a winged lion on a very high pedestal in St. Mark's Square when we visited Venice last year with the choir – probably also stolen from Alexandria.

*Cathy Dallman*

\* Information mainly from *A Dictionary of Saints* by Donald Attwater (Penguin Books, 1965)



## Eco Lent

As Christians, we know that the forty days of lent are a time of reflection, prayer and possible fasting. We can focus on our lives and our personal relationship with God. Intrinsic to this is our relationship with creation too.

So how many times have we given up chocolates, cake, biscuits or alcohol? All very commendable to focus the mind but maybe this time we could try an eco-challenge that just tests us a little bit more whilst focusing our minds on caring and valuing creation and all that is God given.

Here are six suggestions:

1. Reduce food waste. Strive to use all the food you buy before any goes off/out of date. Try to cook through the contents of your pantry and freezer where often food items are forgotten.
2. 'Fast' from excess water use. Pay close attention to your water footprint and try to eliminate it as much as possible through conservation, collecting rainwater (easy as of late) and reusing.
3. Try the 100-mile diet. For lent source only ingredients that come from within a hundred mile radius of your home.
4. Cook from scratch for all of Lent. See if you can make all your meals at home until Easter.

5. Try a buy-nothing challenge. Become a conscious consumer asking yourself 'Do I really need this?'.
6. Think about your lent diet. Have more meat free days, become vegetarian or vegan.

You may have heard it all before. It's mainly obvious and some of you probably do some of this all the time already. But my guess is that most of us don't. These challenges are not as simple as they seem for the majority of us. I challenge you to pick one and have a go or tell us about another green challenge that you're trying.

Pray for help through the Holy Spirit, stay strong and focused about your reasons for acting, and continue to thank God for the beauty of the world and all that you have. Good Luck.

A Jesuit prayer for an end to waste:

*Let us pray for an end to the waste and desecration of God's creation,  
For access to the fruits of creation to be shared equally among all people,  
And for communities and nations to find sustenance in the fruits of the earth and the water God has given us.  
Almighty God, you created the world and gave it into our care, so that, in obedience to you we might serve all people.  
Inspire us to use the riches of your creation with wisdom, and to ensure that their blessings are shared by all;  
That trusting in your bounty, all people may be empowered to seek freedom from poverty, famine and oppression.  
Amen.*

[Some of this material was inspired by *Treehuggers* website, <https://www.treehugger.com/>]

*Sandra Anderson*



The Christchurch Association (CCA) provides a social centre for the parish, and runs the “Top Step Bar” which serves soft and alcoholic drinks upstairs in Church House.

The CCA Top Step bar opens early at 6 pm on the first Friday of each month, **the next two occasions** being **Fridays 6<sup>th</sup> March and 3<sup>rd</sup> April** when complimentary cheese and snacks will be served between 6 and 11 pm.

Also in March:

**Saturday 14<sup>th</sup> March:** We will be screening the Grand Finale of the Rugby Union Six Nations Tournament, with games starting at 2:15 pm (Wales v Scotland), 4:45 pm (Italy v England) and 8 pm (France v Ireland).

**Friday 20<sup>th</sup> March:** Indian Takeaway Meal – please be at the bar by 8:45 pm to place your order or contact Clive in advance.

We provided bar facilities for the Vicar’s Legendary Pre-Lent Quiz on 15<sup>th</sup> February, and as a result we will make a donation to the Bishop’s lent Appeal.

All membership subscriptions became due for renewal on 1<sup>st</sup> January. Membership costs just £2 per year and you can renew by visiting the bar during opening hours (see below) or contacting Clive.

The Top Step Bar is open on a regular basis as follows (except during August):

**Sundays** from 7:30 to 10:30 pm

**Wednesdays and Fridays** from 8 to 11 pm

Early opening at **6 pm** on the first Friday of every month

*The CCA is a Registered Club with membership open to anyone who worships at Christ Church, lives in the parish or uses the church halls. Membership costs just £2 per year and new members are always welcome. Please contact Clive for more information or if you would like to become a member.*

*Clive Woodhouse (Chairman, Christchurch Association)*



## **Emergency! Emergency!**

### ***How to install and access ICE information on your locked/password-protected mobile phones.***

**In Case of Emergency (ICE)**, if we are incapacitated, many of us have personal/health information that first responders might need (date of birth, blood type, current medical conditions and medications), and we have someone we would like to be contacted.

Carrying this information on a card in your pocket or bag is one way to make sure it's always accessible, even if you are not in a position to provide it yourself. But it's also possible to make it accessible to anyone on your otherwise 'locked' mobile phone.

#### **How to install information**

##### Android phones

Go to **Contacts > My Profile** (you can probably find this just by tapping your own picture or name at the top of the screen).

Scroll down to **Emergency medical information** and insert what you want to share (or tap **Edit** to change information already there).

At the bottom of the same screen is **Personal emergency contacts** – you can pick one or more numbers from your Contact list (or you can enter new numbers).

You can review your **Emergency contacts** at any time by going to **Contacts** and finding the **Emergency contacts group**. How do you find **Groups**? At the left of the search box in contacts is a little set of three lines. Tap this for a drop-down list of settings, and scroll down to **Groups**.

Separately from all the above, you can also add information to the Lock screen, so that it's always visible. Go to **Setting > Lock screen > Contact information** and add whatever you like.

##### iPhones

Go to **Settings** and scroll down to **Health**.

Open this and tap **Medical ID > Edit**. Scroll down the screen and you will find options to provide any medical information you wish to share as well as add/change emergency contact number(s)

(the name and number of a person (or people) you would like to be informed if you are incapacitated).

When you have finished, ensure you turn on **Show When Locked** to make your Medical ID available from the Lock screen.

You can view/revise information at any time by repeating the first two steps and selecting **Edit**. (Always **save** changes.)

### How does this work?

Somebody trying to assist you finds your locked phone. Pressing the ON button (and swiping the screen), they see the PIN entry pad, and below it a button or the words 'Emergency call'. Pressing that enables them to call your emergency number(s), and also link to your medical information.

### What should you do next?

The Pastoral Committee strongly recommends that every one of us carries this potentially life-saving information at all times, on a card or on our phone.

One final thought concerns finding you! Provided it works on your mobile network, ensure that you have **Emergency Location Service** enabled. ELS will automatically send your location to the emergency services.

*Patricia Ashby (for the Pastoral Committee)*

## News from the Committees

In the short month of February there has been no Finance & Standing and no PCC, but other committees have been as busy as ever.

**Resources** met most recently on February 11th. Discussion at this meeting focused especially on this year's Stewardship drive – watch out for a number of new leaflets which are now in the final stages of production in relation to this! On the 11<sup>th</sup>, too, **Pastoral** met and reviewed the pew leaflet Prayer Lists, agreed an article for *The Spire* on the need for us all to carry emergency medical and contact information (see previous page), determined any further steps needed to ensure accessibility and comfort for people coming to church, and considered the need to find more Sidesmen able to attend Evensong.

The work of **Plant & Fabric** continues, too: a contractor able to repair the crow bar damage to the west door has been found; and by the time this magazine is published, a meeting will have taken place with structural engineers to discuss the next step with the Chancel floor, and the documents will have been sent to the companies we are inviting to tender for our new lighting.

An **Outreach** meeting has also taken place, continuing planning for our VE Day preparations, and **Social Responsibility** activities continue as usual, including a Lunch Fellowship and talk.

And finally, **Parish Centre Management** met at the end of January to discuss among other things the repairs needed following the break-in and the usual maintenance niggles.

*Patricia Ashby*

## Gregory Murray

Every Sunday morning on our pew sheets we see the name ‘Murray’, indicating the composer of the congregational Mass setting we all sing – the ‘New People’s Mass’. But who was Murray?

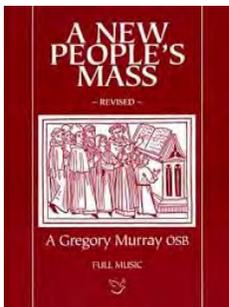
Dom Gregory Murray OSB (1905-92) was a Benedictine monk who spent most of his life at Downside Abbey in Somerset; he was also a musician – a brilliant organist by all accounts – and from the 1930s broadcast so many organ recitals on the wireless that it was claimed that there was a permanent hook-up between the Abbey and the BBC! In 1955 he was even featured explaining the mysteries of the organ on Children’s Television.



He was a skilled improviser, sometimes discreetly incorporating a quotation from another work, if appropriate, for the delectation of sharp-eared and knowledgeable listeners.

He composed in several genres, but was most prolific in practical music for church services, with a realization that many churches had limited resources; hence, for example, a series of interludes for organs without pedals (or with organists for whom pedals were a challenge!). One result was four books of *Short Organ Interludes for Liturgical Use*, earning the gratitude of generations of organists.

An authority on Gregorian chant he wrote several books and articles on the subject, two of which contradicted each other because he changed his mind! His *Music and the Mass* (1977) was a reflection on the use of music, which he saw as a servant of the liturgy.



A natural outcome of these activities was *A People’s Mass* (1950) and, later, *A New People’s Mass* (1975), written first in Latin, later in English. Over two million copies were sold and he claimed, self-deprecatingly, ‘It may not be musically rewarding, but I sold more copies than anybody else’. Murray recognized that Plainchant (then the norm in Roman Catholic churches) often proved too difficult for congregations to learn. In his Preface to the original edition Murray wrote: ‘Plainsong Masses were never intended for congregational use; [...] If our people are to sing at Mass, they must be provided with music which they can readily grasp, learn by heart and sing with ease: music which presents no greater difficulty than an ordinary hymn tune. *A People’s Mass* is an attempt to

supply this need.’

Thomas E. Muir calls Murray ‘one of the most significant, independent-thinking musicians of Catholic England in the 1950s’.<sup>1</sup>

Garry Humphreys

<sup>1</sup> Muir, ‘Catholic Church Music in England: the 1950s’, in Paul Collins (ed.), *Renewal and resistance: Catholic Church Music from the 1850s to Vatican II* (Bern, Peter Lang, 2010), p. 144.

## #LiveLent: Care for God's Creation ...

... is the Church of England's Lent Campaign for 2020

With weekly themes shaped around the first Genesis account of creation, it explores the urgent need for humans to value and protect the abundance God has created. This year's #LiveLent challenge offers 40 short reflections and suggested actions to help you, your family and your church live in greater harmony with God, neighbour and nature.

It has been inspired and informed by the Archbishop of Canterbury's 2020 Lent Book, *Saying Yes to Life* by Ruth Valerio (SPCK).

Full details of the book, the course and the App can be found on the Church of England website at <https://www.churchofengland.org/livelent>

## THE LUNCH BOX!

### Charity Lunches

Held on Saturdays in Church House,  
12 for 12.30. £6.00

(Main course & dessert, a glass of wine or  
fruit juice, followed by tea or coffee.)

All proceeds to a good cause.

Everyone welcome – Come and support us!

28 March  
30 May  
11 July  
26 September  
28 November

### Lunch Fellowship

Held in church – 2<sup>nd</sup> Wednesday of the  
month, following the 11 o'clock service.

Sandwiches + dessert. Followed by a  
raffle, with a talk, quiz or a discussion.  
Everyone welcome – Come and join us!

11 March	8 April
13 May	10 June
8 July	12 August
9 September	14 October
11 November	9 December

## Thank you!

We have received thanks from America from someone who for several years has been on our prayer list for the Long-term Sick and who is now much recovered. On 21<sup>st</sup> February, Christopher Palm wrote:

*[My apologies] for not better expressing my gratitude to those who have kept my recovery and improved health in their thoughts. Like friends, one can never have enough prayers and I would like to send my thanks to [...] all those from Christ Church, Southgate, for their many acts of kindness and good will. Once again thanks to you all.*

***Yours, Christopher Palm***



# *Parish Life in Pictures*

## *February 2020*



We welcomed Year 4 from Walker School for their Exploring Faiths visit - they asked lots of questions!

Fr Chrichton's Pre-Lent Quiz was great fun and raised over £1,000 for ALMA, we all had a lot of fun & the supper round challenge to build an emergency police plane model was taken very seriously....



The Choir sang Evensong at Gloucester Cathedral

# Salt and Light



I've recently been reading David Adam's book on the Saints Aidan, Bede and Cuthbert. He calls them 'Three Inspirational Saints' which they definitely are.

A look at Saint Aidan:

In 633 King Oswald was determined to bring Christianity to his kingdom. So, he sent messages to Iona asking for missionary monks to come and minister to the Northumbrian people. A monk by the name of Cormac was initially sent, but had been unsuccessful. It seems his efforts were pretty aggressive. He condemned the people, saying they were uncouth and too brutish to learn anything. He said they preferred battle, the sharing of spoils, and the Mead Hall, to hearing the Word of God.

Aidan had been shocked by what Cormac had said and basically felt that a different approach needed to be taken. So, he was sent as Bishop to Northumberland and was given the island of Lindisfarne, Holy Island, by King Oswald. Accompanied by 12 other monks, he set up a monastery there where they spent time in prayer and study before venturing out to spread the gospel. Under his direction Lindisfarne became a centre for learning after he established a school where other Christian leaders were trained.

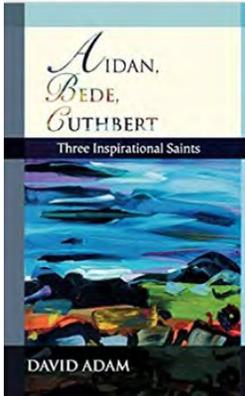
Aidan was hugely successful at changing the hearts and minds of many people and bringing Christianity to the Northumbrian communities. He lived frugally and was known for his generosity and kindness; known to be a man of prayer and dedication. He tirelessly engaged in preaching and pastoral work, mainly travelling on foot.

Not only are the Saints and their lives fascinating but what I also found interesting is how they came to influence each other and the author's own life. David Adams writes of how when Aidan died, Cuthbert was only sixteen. Though they never met, their lives touched each other. Then Bede was greatly influenced himself by both Aidan and Cuthbert even though he hadn't met either of them. And David Adam speaks of how the three Saints touched his own life and made him who **he** is. And this is some thirteen hundred years later.

On reading about the Saints' lives, it occurred to me that these were definitely people who

were the **Salt** of the earth and **Light** of the world. Being the salt of the earth is widely written about, with lots of ideas about what Jesus means. It's sometimes linked with purity - with some saying that its whiteness represents the purity of the justified believer. Some say that the salt's flavouring properties suggest Christians are to add divine flavour to the world. Others link it with being a preservative, with the remit for Christians to stop moral decay.

Primarily though, I think it's to do with the significance of Jesus' disciples preserving Christianity. Preserving all Jesus stands for; all included in His teaching, preaching, and way of Life; it's to do with Christ's Kingdom and the keeping of it here on earth.



Disciples are also the light of the world. In Matthew 5 Jesus' disciples are told that **they** are the light of the world; that is, **we** are the light of the world. We're meant to shine and stand out as Christians; our distinctiveness is to be visible to those we encounter within the church and without.

As the three Saints' lives influenced each other, and as they influenced David Adam's life so many hundreds of years later, we too will have been influenced not only by various Saints but by other Christian people – family, friends and colleagues, near and far, whose lives have inspired, encouraged and guided our own. All have taken on board the responsibility for spreading the Christian message as Jesus' very first disciples did. We too share this responsibility.

Let us then in our own way demonstrate how **we** are 'Salt and Light'. It's only in doing this that Christianity will be preserved and Christian values upheld so they make a difference in us, in others, and in the world.

*Jackie Anderson*

## Revision of Church Electoral Roll

Our Electoral Roll will undergo its annual revision beginning on Sunday the 29<sup>th</sup> of March 2020 and ending on Sunday the 5<sup>th</sup> of April 2020.

During this time, the Electoral Roll will be available for checking at the back of church after the principal Sunday Services. Do take a moment to check your entry and if you find a mistake in your name, please let me know.

This is also a chance to join the Electoral Roll if you are not already a member. Application forms are in the rack at the back of church and can be completed and left for me in the mail rack, either under A (for Ashby) or in the Church Office pigeonhole.

The revised Roll will be published on Sunday the 19<sup>th</sup> day of April 2020 (*Easter Day*) and will be available for a period of two weeks for viewing, again at the back of church after the principal Sunday services, until Sunday 3<sup>rd</sup> May 2020.

*Patricia Ashby, Electoral Roll Officer*

## Lines from *Aurora Leigh* by Elizabeth Barrett Browning\*

*My father was an austere Englishman,  
Who, after a dry life-time spent at home  
In college-learning, law, and parish talk,  
Was flooded with a passion unaware,  
His whole provisioned and complacent past  
Drowned out from him that moment. As he stood  
In Florence, where he had come to spend a month  
And note the secret of Da Vinci's drains,  
He musing somewhat absently perhaps  
Some English question ... whether men should pay  
The unpopular but necessary tax  
With left or right hand—in the alien sun  
In that great square of the Santissima,  
There drifted past him (scarcely marked enough  
To move his comfortable island-scorn,)  
A train of priestly banners, cross and psalm,—  
The white-veiled rose-crowned maidens holding up  
Tall tapers, weighty for such wrists, aslant  
To the blue luminous tremor of the air,  
And letting drop the white wax as they went  
To eat the bishop's wafer at the church;  
From which long trail of chanting priests and girls,  
A face flashed like a cymbal on his face,  
And shook with silent clangour brain and heart,  
Transfiguring him to music. Thus, even thus,  
He too received his sacramental gift  
With eucharistic meanings; for he loved.*

This startlingly powerful description of a moment of transfiguration comes from the first book of Barrett Browning's verse novel *Aurora Leigh*. It is structured around the contrast between Aurora's father's dry and protracted research (a month looking at drains?) and a transformative moment of love.

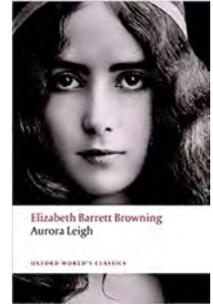


At first Aurora's father hardly notices the procession that 'drifted' past him and indeed the 'train' is interrupted for the reader by a note in brackets about his 'island-scorn' so that we do not give it our full attention either. The list 'priestly banners, cross and psalm' moves from things to be seen (banners and a cross) to things to be heard (a psalm), prefiguring the later transformation in which sight (Aurora's mother's face) and sound (the clangour of a cymbal) join in compelling synaesthesia. At first the cymbal is used as a visual comparison when a

'face flashed like a cymbal on his face' – I imagine the sun catching an upturned round face in the 'blue luminous [...] air'. But then the image changes from being a description of the mother's face to a noise in the father's head; the subtle transfer implies a union between the two characters as well as blending sight with sound: 'shook with silent clangour brain and heart'. The image of the cymbal could recall the words of some psalms but it also makes the experience all-consuming – it is metaphorically deafening, though 'silent' to those around him.

Barrett Browning conveys sharp colours; the drip of wax; the tremor of air and the feeling of carrying a heavy candle 'weighty for such wrists' in a passage that is at once transcendental and intensely physical. The whiteness of the wax is echoed in the 'bishop's wafer' but Barrett Browning refrains from using any sacramental language until after the moment when Aurora's father has been transfigured by love. The final two lines bring together the transformation of a pedant into a lover, the transfiguration of Aurora's father into 'music' and of the 'wafer' into a 'sacramental gift'. The experience is transformative but also alarming: before the event is described we are told that Aurora's father was 'flooded' and that his past 'drowned' (perhaps an appropriate fate for an interest in drains).

The passage is a glorious dramatization of love at first sight and at the same time evokes the intense blending of senses in liturgy. We can be deeply moved by the sensory experience of worship – may we also be changed by it.



\* Barrett Browning, Elizabeth (2008, New edn.) *Aurora Leigh* (Oxford World Classics). OUP: Oxford.

Anna Hughes

## Note from the Editors

February is a short month and had gone very quickly. Impressively, though, we have received a number of new and different contributions – some for this edition and some already for April! We are surprised and delighted and we hope this will continue. It's great to be able to expand the variety and choice of what we are able to include. If you are thinking of contributing, however, do please keep in mind that your article should be around 400 words in length – if we can keep pieces to no more than a page each, it allows for even more contributions and variety, and this makes the magazine more interesting for everyone.

Thank you!

Clare & Patricia

## Spire Style Guide

- 9 pt Calibri Font
- No complex formatting (i.e. don't insert pictures into your text, etc.)
- Ideally not more than 400 words, unless this has been invited, or discussed in advance
- Photos should be sent as .jpeg files
- Respect Copyright – always cite sources if you have quoted text or reproduced images from elsewhere (internet, books, etc.)
- Any questions, please email the editors: [churchwardens@christchurch-southgate.org](mailto:churchwardens@christchurch-southgate.org)  
[p.d.s.ashby@gmail.com](mailto:p.d.s.ashby@gmail.com)



# Diary Dates

**Starting Wednesday 4 March, 8 pm  
and then Tuesday evenings at 8 pm after the Eucharist.  
Lent Course 'Where the Lost Things Go'**

The course "shows how issues highlighted in the film at the level of 'optimism, magic and dreams' find their true expression in the gospel."



**Sunday 8 March, ECO Sunday  
10 am ECO Eucharist**

A service where will consider the planet and our part in creation and make an Act of Commitment to care for the planet

**2.30 pm Music & Poetry for the Planet**

An afternoon of Music and Eco-poetry led by Liz Partridge and Maggie Butt. Free admission, retiring collection for the Bishop's Lent Appeal – Wheels for Climate Change Emergencies



**Sunday 22 March, 10 am  
Mothering Sunday**

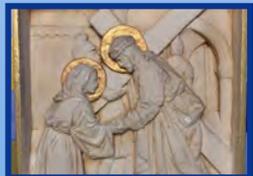
Family friendly Eucharist with blessing & distribution of flowers



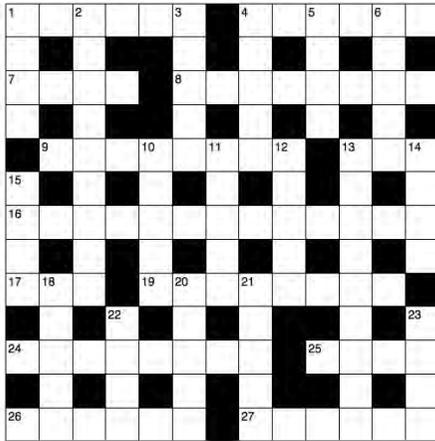
**Saturday 28 March, 12 noon for 12.30 pm  
Charity Lunch in Church House**

**Sunday 29 March 6.30 pm  
Choral Stations of the Cross for Passion Sunday**

With devotional music, including the Pergolesi Stabat Mater, sung by the choir



### MARCH CROSSWORD



**Across**

- 1 The earth is one (6)
- 4 'On a hill far away stood an old — cross' (6)
- 7 'I am the — vine and my Father is the gardener' (John 15:1) (4)
- 8 The Caesar who was Roman Emperor at the time of Jesus' birth (Luke 2:1) (8)
- 9 'Your — should be the same as that of Christ Jesus' (Philippians 2:5) (8)
- 13 Jesus said that no one would put a lighted lamp under this (Luke 8:16) (3)
- 16 Involvement (1 Corinthians 10:16) (13)
- 17 Armed conflict (2 Chronicles 15:19) (3)
- 19 Where the Gaderene pigs were feeding (Mark 5:11) (8)
- 24 What jeering youths called Elisha on the road to Bethel (2 Kings 2:23) (8)
- 25 The Venerable —, eighth-century Jarrow ecclesiastical scholar (4)
- 26 8 Across issued a decree that this should take place (Luke 2:1) (6)
- 27 Come into prominence (Deuteronomy 13:13) (6)

**Down**

- 1 Where some of the seed scattered by the sower fell (Matthew 13:4) (4)
- 2 Sexually immoral person whom God will judge (Hebrews 13:4) (9)

- 3 Gospel leaflet (5)
- 4 Physical state of the boy brought to Jesus for healing (Mark 9:18)
- 5 Tugs (anag.) (4)
- 6 To put forth (5)
- 10 Nationality associated with St Patrick (5)
- 11 Leader of the descendants of Kohath (1 Chronicles 15:5) (5)
- 12 'After this, his brother came out, with his hand grasping — heel' (Genesis 25:26) (5)
- 13 At Dothan the Lord struck the Arameans with — at Elisha's request (2 Kings 6:18) (9)
- 14 'Peter, before the cock crows today, you will — three times that you know me' (Luke 22:34) (4)
- 15 Spit out (Psalm 59:7) (4)
- 18 'When I —, I am still with you' (Psalm 139:18) (5)
- 20 Concepts (Acts 17:20) (5)
- 21 Thyatira's dealer in purple cloth (Acts 16:14) (5)
- 22 Does (anag.) (4)
- 23 The second set of seven cows in Pharaoh's dream were this (Genesis 41:19) (4)

**FEBRUARY SOLUTION**



**PARISH DIRECTORY**

**Parish Office** *Open on Wednesdays and Fridays 10 a.m.—1 p.m. and 2.30—5 p.m.  
Please phone beforehand if you have any special requests or needs.  
N.B. Notices for the Sunday pew sheets should reach the Office no later than  
10 a.m. on a Friday. If possible, please e-mail them.*

*Mail* 1 The Green, London N14 7EG  
*Phone* 8886 0384  
*Email* office@christchurch-southgate.org  
*Website* www.christchurch-southgate.org

**Clergy**

*Vicar* The Reverend Dr Chrichton Limbert  
*Address* 1 The Green, Southgate, London, N14 7EG  
*Phone* 8882 0917  
*Email* frch138@btinternet.com

*Assistant Priest* The Reverend Hazel Miall  
*Address* 85 Conway Road, Southgate, London, N14 7BD  
*Phone* 07980 740587  
*Email* hazelhmiall@btinternet.com

**Lay Readers**

Cathy Dallman, 4 Greenacre Walk, Southgate, N14 7DB 8886 5918  
Jackie Anderson 8245 0305  
Sandra Anderson 07947 027265

**Churchwardens**

Clare Boulton, 321 Gladbeck Way, Enfield, EN2 7HR 8367 5961  
Catherine Harvey, 1 Ruby Road, Walthamstow, E17 4RE 07872 493556

**PCC**

*Secretary* John Macrory 8440 3258  
john@macroryward.co.uk  
*Treasurer* Clare Boulton (as above)  
*Stewardship* Michael Meur, 136 Green Dragon Lane, N21 1ET 8360 2362

**Music Department**

*Director of Music* Richard Brain 07979 850546  
music@christchurch-southgate.org  
*Assistant Director  
of Music* David Hinit, 19 Mercia Rd, Baldock, Herts, SG7 6RZ 07734 209662  
*Treasurer* Ian Winton, 7 Foxgrove, N14 7EA 8882 3680

<b>Sacristan</b>	Peter Holiday, 61 Arnos Grove, Southgate, N14 7AG	8886 4126
<b>Sidesmen</b>	Judith Lo	8882 3335
<b>Sub-committee Chairs/contacts</b>		
<i>Outreach</i>	Fr Chrichton Limbert (as above)	
<i>Plant and Fabric</i>	Catherine Harvey (as above)	
<i>Social Responsibility</i>	Jackie Anderson (as above)	
<i>Resources</i>	Ronald Lo	8882 3335
<i>Pastoral</i>	Cathy Dallman (as above)	
<b>Electoral Roll Officer</b>	Patricia Ashby	8886 2528
<b>Parish Magazine "The Spire"</b>		
<i>Editorial Team</i>	Copy to be sent to the Parish Office (see above)	
<i>Treasurer</i>	Hilary Meur, 136 Green Dragon Lane, N21 1ET	8360 2362
<b>Flower Arrangers</b>	Contact the Parish Office (see above)	
<b>Parish Centre/Church Halls</b>		
<i>Chairman</i>	Philip Miall, 85 Conway Road, N14 7BD	8882 6738
<i>Secretary</i>	Clare Boulton (see above)	
<i>Lettings</i>	christchurchparishcentre@gmail.com	
<i>Treasurer</i>	Michael Meur (as above)	
<b>Christ Church Association Bar</b>		
<i>Contact</i>	Clive Woodhouse, 41b Osborne Road, N13 5BT	8882 0014
<b>Friday Coffee Morning</b>	<i>Every Friday morning 10.30 a.m. – 12.15 p.m. in Church</i>	
<i>Contact</i>	Hilary Meur (as above)	
<b>Lunch Fellowship</b>	<i>Usually on 2<sup>nd</sup> Wednesday in the month at noon in Church</i>	
<i>Contact</i>	Cathy Dallman (as above)	
<b>Waterfall Group</b>	<i>1st Tuesday 8.30 p.m. – informal women's meeting</i>	
	Frances Wyatt	8361 5379
	Glenys Rodway, 14 Dawlish Avenue, N13 4HP	8882 5970
<b>Scout Group</b>	The Reverend Hazel Miall, <i>Cubs</i>	07980 740 587
	Stephen Smith, <i>Group Scout Leader</i>	8882 0991
<b>Bellringers</b>	<i>Practice held Wednesdays 7.30 p.m.</i>	
<i>Captain</i>	Martin Sutcliffe, 46 Brookdale, N11 1BN	8368 1974
<b>Bridge Club</b>	<i>Thursdays 7.30 p.m. – 10 p.m.</i>	
<i>Secretary</i>	Jean Jobson, 26 New River Crescent, N13 5RF	8882 5619
<b>Young Fogeys</b>	<i>For the active and retired, though you need not be either!</i>	
<i>Contact</i>	Jean Thomas, 1 Bramford Court, N14 6DH	8882 8133

MARCH 2020 CALENDAR					
MARCH	Day	Eucharists	Other Services	Liturgical Colour	
<b>Sunday</b>	<b>1</b>	<b>Lent 1</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	<b>Lent Array</b>
Monday	2	Chad, Bishop, Missionary, 672			Lent Array
Tuesday	3		7.30pm Induction of Fr Matt Harbage at St Pauls New Southgate	5.30pm (Evening Prayer)	Lent Array
Wednesday	4		11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Thursday	5		12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Friday	6			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Saturday	7	Perpetua, Felicity and their Companions, Martyrs, 203	9am (said)	8.30am (Morning Prayer)	Lent Array
<b>Sunday</b>	<b>8</b>	<b>Lent 2</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	<b>Lent Array</b>
Monday	9				Lent Array
Tuesday	10		7.30pm (said) including Laying on of Hands and Anointing for healing.	5.30pm (Evening Prayer)	Lent Array
Wednesday	11		11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Thursday	12		12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Friday	13			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Saturday	14		9am (said)	8.30am (Morning Prayer)	Lent Array
<b>Sunday</b>	<b>15</b>	<b>Lent 3</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	<b>Lent Array</b>
Monday	16				Lent Array
Tuesday	17	Patrick, Bishop, Missionary, Patron of Ireland. c.460	7.30pm (said)	5.30pm (Evening Prayer)	Lent Array
Wednesday	18	<i>Cyril, Bishop, Teacher of the Faith, 386</i>	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Thursday	19	Joseph of Nazareth	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Friday	20	Cuthbert, Bishop, Missionary, 687		8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Saturday	21	Thomas Cranmer, Archbishop of, Reformation Martyr, 1556	9am (said)	8.30am (Morning Prayer)	Lent Array
<b>Sunday</b>	<b>22</b>	<b>Mothering Sunday</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Evensong</b>	<b>Lent Array</b>
Monday	23				Lent Array
Tuesday	24	<i>Walter Hilton, Augustinian Canon, Mystic, 1396; Paul Couturier, Priest, Ecumenist, 1953; Oscar Romero, Archbishop, Martyr, 1980</i>	7.30pm (said)	5.30pm (Evening Prayer)	Lent Array
Wednesday	25	The Annunciation of Our Lord to the Blessed Virgin Mary	11am (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	White
Thursday	26	<i>Harriet Monsell, Founder of the Community of St John the Baptist, 1883</i>	12.30pm (said)	8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Friday	27			8.30am (Morning Prayer) 5.30pm (Evening Prayer)	Lent Array
Saturday	28		9am (said)	8.30am (Morning Prayer)	Lent Array
<b>Sunday</b>	<b>29</b>	<b>Passion Sunday</b>	<b>8am (said); 10am (sung)</b>	<b>6.30pm Choral Stations of the Cross</b>	<b>Lent Array</b>
Monday	30				Lent Array
Tuesday	31	<i>John Donne, Priest, Poet, 1631</i>	7.30pm (said)	5.30pm (Evening Prayer)	Lent Array



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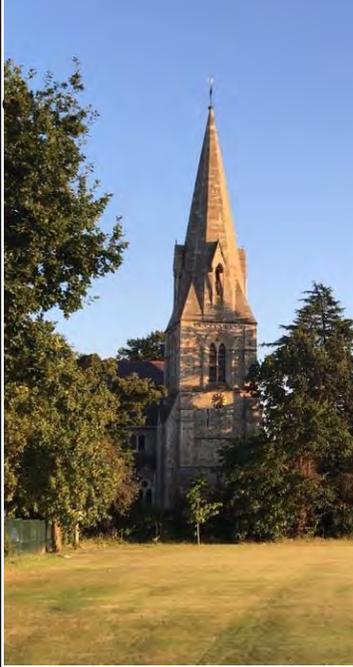
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**“We believe in inclusive Church – church which does not discriminate, on any level, on grounds of economic power, gender, mental health, physical ability, race or sexuality. We believe in Church which welcomes and serves all people in the name of Jesus Christ; which is scripturally faithful; which seeks to proclaim the Gospel afresh for each generation; and which, in the power of the Holy Spirit, allows all people to grasp how wide and long and high and deep is the love of Jesus Christ.”**

**Christ Church Southgate is an Eco-Church, we have recently achieved the Silver Award.**

**We are committed to caring for God’s earth in the different areas of our life and work and are actively working to reduce our environmental impact**

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