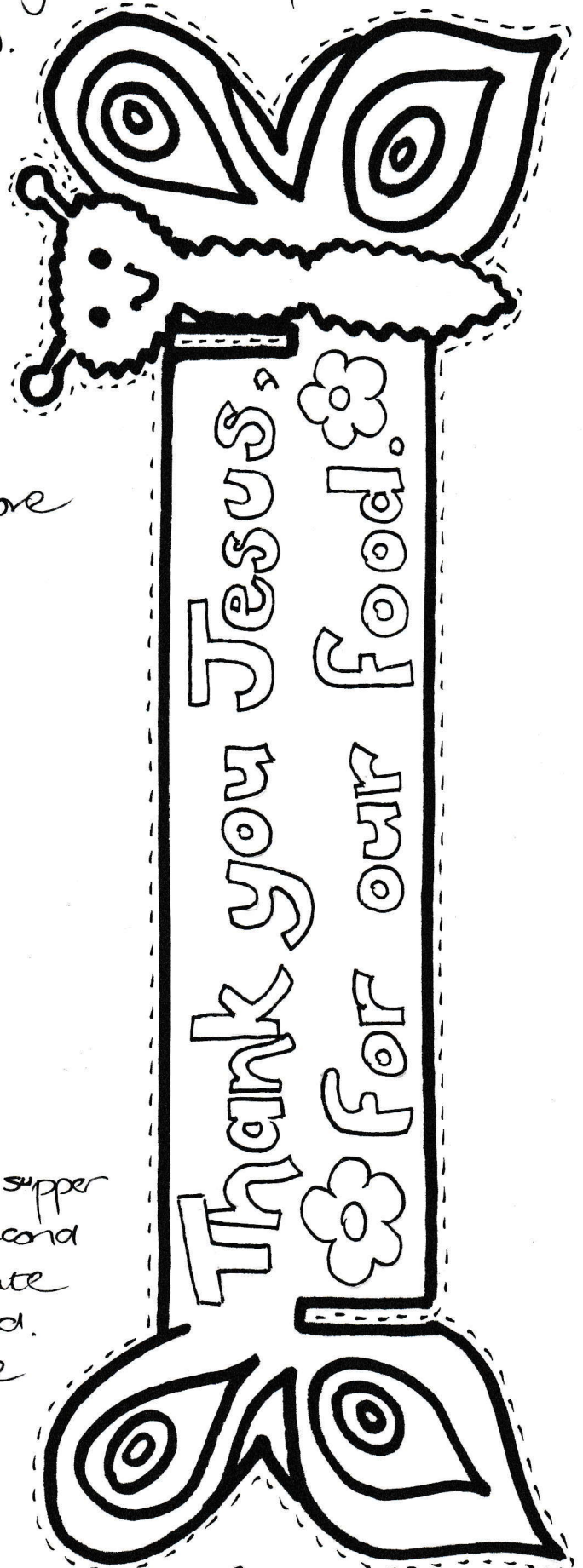


SAYING GRACE

Saying 'Thank you' for our food is important

- Thank you for God's Creation.
- Thank you for the farmers.
- Thank you for the growers and harvesters.
- Thank you for the factories and shops.
- Thank you for all who cook and prepare food for us to eat.
- Write a 'Grace' to say before you eat.



A.



- A. Take 2 paper plates. Write 3 graces for breakfast, lunch & supper in each third. With the second plate cut at a third, decorate the rest with pictures of food. Pin them together through the middle.

- B. Make a napkin ring to use to remind you to say 'thank you' at each meal. Use the template or design your own, use thin cord and decorate.

B.